

Inspirations
By
Jananda Korsholm



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April 16, 2006

Good morning my beloved ones! I am the Light of the World and he that follows me will not walk in darkness but will have the Light of Life.

When I rode into Jerusalem that morning, my heart and mind were filled with prayers for I acknowledged and knew what was in store for me. Today I come to you to talk about prayers, for I learned through my experiences that prayers of the heart really work.

That night in the garden, I had several temptations to consider. I could have chosen to do MY will. However, as you may know, I won the struggle by total surrender to the will of My Father. I decided to not fail, but it was my choice. I prayed alone throughout the night because my friends were falling in a deep sleep. I asked My Father to take away the bitter cup from me if possible, but I knew the answer within. Again my beloved ones, I come to teach you a little lesson about prayers that I learned through my prayers.

First say, I open my heart to your Love, God. I am letting your Love stream freely through me out to the world. I am making the decision right now to bless everyone and every situation with true Love, for when I Love I am like You. Thank you God, for your eternal gift of unconditional love.

Now let me remind you about my teaching to you about the words "I AM." All power of prayers is elevated to higher levels when you join our Father's mighty I Am Presence. You can say I Am healthy, I Am wealthy. I Am at Peace. I am prosperous and successful. I am the ageless expression of Spirit. Speak only words that you want to see become manifest in your life.

You can rest assured in your indwelling Christ Consciousness that God is your Source and that you are an heir to all of God's Good. Remember your Divine I AM Presence.

The words I AM are your spiritual self. Whatever you attach to the words I AM is what you are claiming for yourself. The entire Universe is always ready to spring into action whenever you claim something in the name of I AM.

This is what I learned in the hours of the night in the garden. I remembered the day on the mountain when I declared for my three friends, "I AM THE LIGHT OF THE WORLD" and I gave thanks to my Father that He gave me the wisdom and strength to follow His will and not mine.

I am Jesus through my brother Jananda

April 23, 2006

Good morning beloved ones, I am White Eagle and I bid you welcome to my world of Spirit. Today I would like to take you with me into the Healing Temple of the Most High. Let us stand here together and unite our thoughts in thanks to our Father in Heaven that we are able to connect through Time and Space. Look up my dear friends, for the Great Spirit pours down upon you the Golden Rays from Heaven. We are here today to speak to you about healing. We are here to provide for you the great healing power of the Universe. Let us surrender to your power, Almighty God. Let us forever be blessed with your healing. Thank you for letting us be cleansed, strengthened and live forever in your Peace. So be it. Amen.

I have come to you this morning to ask you to not allow yourself to be dragged down by all the suffering you see around you. Instead be still and look into the flaming sun in your heart. Let the Light and Strength of God flow into your heart. We in the spiritual world know that you need encouragement. Remember that this too shall pass and everything changes except God, and God is within you. Your consciousness in God is increasing daily and that is all that matters.

Cast out the fear, my dear children. There is absolutely nothing for you to fear. You are weakening yourself by giving way to fear and you are opening the doors for the so-called enemy, the darker side, to take residence in you. We are here to teach you two principles. One is Love. The other is Wisdom or Knowledge. Love and Wisdom are the greatest partners. The Love we speak about is not with emotions. We have learned that we can replace emotion with balance and then we have freedom from emotions. The Wisdom or Knowledge that we speak of is beyond the intellect.

As you continue on your Path to Mastery, you will experience that when Love and Wisdom arise in your world of reality, you will then be able to see your path before you and there will be a balance in your life. When you gain balance in your life, you will constantly have a need to help others to obtain the same balance. You will be able to meet people right where they are in their world of reality. At the same time you will become aware of the Masters that exist in the background. You do not hear much about them, but they are always with you. Their whole personality reflects the joy they are having being together with you, exactly the same way as I enjoy to be with you here today.

Your own Mastery began at the moment when you realized your path. Now, some of you will claim that you are not there yet. Well my beloved ones, the starting place is here and now. When you learn to treat any situation arising in your own world of reality by remaining in balance, then there will be nowhere you cannot go and absolutely nothing you cannot do. You will now and forever walk in balance. You are now the Master yourself.

I am White Eagle through my Son Jananda



April 30, 2006

Good Morning to all of you and may you be blessed as I have been blessed. Come with me again today to the sacred garden and let us meditate together in the Love and Light of God.

Do you realize that when you go to the sacred garden all doors open up for you? You have so many questions, so why not get the answers to your questions by going to the Halls of Learning. There is a whole library available for you and there are "Librarians" ready to assist you upon asking. The Halls of Learning is a busy place, you do not have to be quiet except to be still and know.

Let us talk about your initiations on your path to become a Master. When you become enlightened, you will learn to control your emotions and your thoughts. Wow, wouldn't that be wonderful to be able to stop the thoughts that are rushing through your mind like Niagara Falls? How can you control your thoughts? First my dear friend, have you ever tried to follow your thoughts to their origin? You will experience that you sometimes can follow them and sometimes not. You may experience that some of these thoughts have their origin in the astral world (next level beyond your physical body) which will tell you that they are not yours!

There is a whole world of darker thought forms surrounding your planet which is like a dark cloud of negativity. You must take action here and not be a victim of false thoughts. A very important part of this process is to take responsibility and begin the exciting process of becoming a Master. Switching your focus is what this is about. So do not allow negative thoughts about yourself or others to be your focus. Open your mind to new positive thoughts. There is a secret that you must learn. All you need is to keep focused on the Christ Light in every single individual that you meet on your path to Mastery.

Here is a message to you from the Christ: "The truth is that I never left you. But you forgot me by shifting your focus onto your more personal mind matter. Try to speak only positive ideas that can reunite the heart and mind of Man with God. There is a wonderful world of technology at your disposal which can assist you in bringing Heaven to Earth.

You see, my beloved ones, Heaven is not just harp music performed on pink clouds by angels. Heaven is a busy place and state of consciousness where there is no room for negativity. I ask you, together with Me, let us use every modern tool available, every means of learning possible, to reach as many as possible in this crucial time for awakening. The most important thing you can do is to appeal to the longing for peace and harmony in the heart of each individual you meet. This is the place where I reside, this is the place where I speak to them in their moments of despair. This is the place where you and I can reunite in case you forget Me.

I ask you again along with Me, do your angelic task of calling all souls you meet with peace, joy and harmony. The same energy that you found yourself in when you changed your focus to the positive thought form. What a wonderful work and world you and I are going to create. The New Heaven and the New Earth."

I am the Christ through my Brother Jananda

May 7, 2006 "The Feminine Polarity of Light"

Blessings and Peace be with you wonderful co-creators of God. I am Mary, your Sister in Spirit. I am here today to prepare you for your celebration of Mother's Day next Sunday. I have chosen to be here with you in this wonderful time where it is the blooming of the feminine aspect and the very essence of that femininity is expanding into Mass Consciousness. For I say unto you, we have been waiting for this time and patiently been working in the background. We are now coming to a completion of this work and this is why I am here. Please join me in a short meditation and allow the Love of God to manifest.

I have been chosen to be an ever lightning energy for a manifestation of the feminine energies upon the planet Earth. My background was incarnations in the Essene and Gnostic orders where we were taught about the necessity of integrating the feminine into the concept of God as a male energy. It took a very long time and many incarnations to establish the idea of One God in a world with many gods and goddesses. So the first thing we did was to teach the concept of the Holy Trinity; the Father, the Son and the Holy Spirit. In this way, we were told that we could gradually integrate the feminine aspect as faces of the One and Only.

My beloved Son, Jesus, taught the people in his time about the Comforter, the Holy Spirit who would follow Him and be with the followers. This is how the Divine Feminine began to be accepted as a part of the One God, the Father. Over the centuries, my name and image began gradually to be associated with the concept "Holy Mother" and this new idea has continued to be serving mankind in this way over the many centuries.

I have often been connected to the symbol of a long-stemmed rose. This is by no means, a coincidence. The rose is the perfect symbol for thought forms. The rose opens with a beautiful, sweet smell from a tough, thorn-tipped stem. Throughout the ages, the feminine polarity of God has become stronger and stronger without losing its beauty and power. I ask you to think about these things.

Through the very dark Piscean Age, we, as women, had to be very careful because there were so many misconceptions from the old priesthood. We tried to teach that the feminine aspect was not to be feared and repressed, but rather to be honored and integrated into the strong male energy to achieve a unified wholeness with spirit. For ages, the knowing that God also had feminine aspects was lost to the world because of the priesthood's fear of losing power, so they focused on the male aspect instead.

We worked very hard and intensively and we continued to teach and pass this knowledge on to others. Many men of good will were also included in this teaching, not just women. For this was necessary given the realities of the male dominant societies. Within the human heart, male or female, is a longing to know the unity with the feminine. So today, I am here to unite my energy with yours, we are all one in eternity.

I am Mary through the Eternal Brother



May 14, 2006 "Mother's Day"

Greetings my beloved ones. It is Mary and I am here to celebrate Mother's Day with you. I am also here to help you to manifest the divine feminine aspects of God. Wherever I am called, I am there; for within the human heart, be it male or female, is a longing to know the unity with the female aspects of God. Many have worshiped me and powered their devotion and faith out to me in their times of great need. I am here and always listening to your call. Let us for a short time sit and hold hands in the sacred silence of your heart and know that I am there and that I never left you.

It is natural for you to feel that you are not complete and that there may be a male domineering energy present. Be not disappointed my beloved ones. Even as my beloved Son Jesus was the complete androgynous being, so it will be bestowed upon you to become the same way. The strongest men are those who can express the feminine aspects of love and gentleness.

The so-called "Mary Function" has been used in many different times. Sometimes this was blended with other feminine aspects such as Lady Isis, Quan Yin or Nada and other Lady Masters. The "Mary Function" has, for the last two thousand years, been all women. As a result, this image has been very busy.

Some of my appearances, mostly for children, have gained great notoriety. However, there have been many more less-publicized displays of my image all over the world in this time of great need for nurturing divine feminine aspects. To most of those who called me, I came very quietly and sometimes in a dream. I always come to encourage, to uplift a soul, and I come to bring comfort to the ones who are suffering pain and distress. For those who call upon me in faith, my spirit will project my familiar image to the open heart.

In old times, the image of me had to be Mary or it was the devil, so different female aspects of God often used my image to manifest themselves to the individual they were working with.

My work as the divine Mother gives me the possibility to appear as a complete, non-judgmental being of unconditional love and compassion that includes all living beings. My work is to draw all my children into loving harmony and unity. I represent the universal Love, a Love that never separates. A true Love that accepts and never resists. I see only the wholeness and never the fragmented part. I always bring together. I never divide. I value all life and not just one life form. I see only humans, never the race or color. I only see one expression.

Before I leave you in harmony, unity and peace, I express my Love to all my children everywhere, no matter how far they may seem to have strayed or what they have done. What would be my individual quality? A complete, non-judgmental, unconditional Love. A compassion that includes all living beings, drawing all together. All my children into a loving unity and harmony. I am the divine, nurturing, Mother.

I am Mary through the Eternal Brother



May 21, 2006

Good morning beloved ones, let us this morning again go to the sacred garden and together meditate on how we best can create "Heaven on Earth." Maybe you will think about some of the world leaders gathered with you in the garden of peace and harmony. Visualize that you give each of these world leaders some tender loving care, as they need it.

Today we speak to you about how harmful it is to be self-centered and focused on our own egotistical needs. We give to you as an example, some of the world leaders who are showing hatred and threats toward other countries. It is like they never realize that there are other civilizations which they should try to listen to and communicate with. We ask you beloved ones to pray sincerely for these poor misguided souls that there may be peace instead of wars.

In your daily prayers, send these leaders some tender loving care. TLC does not require anything in return. TLC comes from a loving heart. In your prayers, envision that you are standing in front of these souls and holding their hands. Tell them that you do not need anything in return, but that you would like them to devote their lives for the benefit of their own nations and for the whole world. Tell them that you would like them to eliminate the suffering and the losses that war is bringing.

Put yourself in the seats of the world leaders and instead of what they are doing, stop thinking in small terms and broaden your minds and enlarge your heart with love. It is not an easy task to do, but you can do it. When the world goes bad up to a certain point in time, then people will start getting together. Sometimes God will use a disaster as a consequence or means to get mankind together to the highest good of all. We call it a "Cosmic Wake Up Call." It can be tragic. So it is better if we wake up in time. We are giving you a more gentle "wake up call" by reminding you that you do your homework, pray, pray and pray sincerely.

Pray that the world leaders may be able to learn of past mistakes and that they must think beyond the borders of their nations. They must start thinking about the whole planet instead. Once a great teacher said, "Go to the ants and be wise." Yes, my friends, look at the ants and the bees. They are extremely well organized. They are truly supporting each other and even more than many people are. They share equally among themselves portions of what they bring into their home. They work together, they put their things together and they share. This world that you live in has too much. This world has enough of everything and there are still enough minerals and all kinds of resources. When you run out of oil, you will force yourself to find some other methods to run your cars.

The way you can change your world is to be an example of being enlightened. Show the Light of God wherever you go. See only the Christ in every individual you meet on your path. Do not participate in discussions where judgment is ruling, and light the path for the world leaders by being a perfect example of the life of a Christ.

I am the Eternal Brother through Jananda

June 4, 2006

Beloved ones, good morning and how are you today? Today I would like to talk about surrendering your life to our Father. Until you surrender, you are part of the problem. After you surrender, you become part of the solution. Let us start with the concept, "To be or not to be?"

You may at times, feel completely powerless. You may feel that you are on a road full of enormous boulders that you will have to move before you can walk on. The only safe way on this part of your journey is to stop, stand still and admit that you are absolutely powerless. You see, my beloved, you can say "I admit my personal powerlessness to improve my life." How often are you trying to solve a problem by letting all of your energy focus on the problem? How often are you looking for a solution from a human perspective, when in reality, it was your human efforts that got you into the problem in the first place?

When I think about it, are you trying to control everything in your life? Are you controlling how much you eat or drink? Are you capable of controlling your temper? Are you still trying to change your neighbor? Have you noticed how much energy you spend on trying to control others in your life? Are you wasting your energy by trying to control the weather? Do you realize that if you should direct the world it would be a full-time job and that you do not have the qualifications to do that?

So why not let God be in charge? No human has been appointed to change the world. What a relief for you to know that God takes care of the world if you will let Him. I have good news for you. The outer world does not have to change in order for you to feel good. The one and only thing you will have to control is your mind, your thoughts and your feelings. You do have choices to make. The choice is to make changes inside. When you do that, the whole world around you will change. But you must let God. And how do you do that? By admitting that you are absolutely powerless and stop fighting the world around you. When you feel powerless, you will begin to find your true power. It is not your job to change the people you meet on your path, but it is your responsibility to change yourself.

When you admit your personal powerlessness, you will improve your life. When you admit and believe your powerlessness, it is a giant leap toward overcoming any personal troubles you may have. This admission gets you out of the problem and into the solution, because as soon as you realize that you are humanly powerless, you will begin to look to where the power really is. And that Power is God.

I Am That I Am through the Eternal Brother

June 11, 2006

Today I would like to talk more about surrender to God. You are the Solution, you are the Power and you are the Way. Today I am turning over every challenge to God and I remain open to God's perfect response.

I completely surrender to God. I am letting go of my plan, I am letting go of my will and I am letting go of my way. Almighty Creator of all that is, Thy Will be done in me, Thy Will be done through me, Thy Will be done with me and Thy Will be done by me.

Today I dare to believe that God's gifts are already planned for me and that my life will be even better than anything I have worked for or tried to create in the past. I am resting in the stillness. I am not asking or trying to understand anything. No, I am listening with a complete open mind and heart. Since I do not have any preconceived ideas of what God's answer will be, I am receptive to all possibilities. I relax with the complete trust that God's Plan for my highest good is unfolding now. I am grateful for the bond I have with God. Thank you, God, for the blessings in my life.

When I was feeling down, I felt the Love of God lifting me up to a higher consciousness. It was my true higher self and I was able to see the bigger picture of my life. I am surrendering myself to you, God. I am ready. I do not have to know what I am ready for. All I know is that I trust the mighty I AM presence in myself.

My beloved ones, God, the Creator of all, does have a plan for you and He has a plan for every part of His creation. There is really no need for you to know specifically what the plan might be. However, you can be sure that there is a Divine Order to things. By not attempting to predict any outcome of this plan, you are preparing the way for God's Divine Plan to reveal itself, easily and quickly. Your part of the whole plan is to keep centered on God as the Source of all good and then to trust, simply trust.

Doesn't it sound too easy? When you are faced with a situation that seems threatening or maybe even tragic, it is so easy for you to get involved in a negative way but dearest ones, the solution to a problem is never to be found on the level of the problem. There is only one way. That way is up, up, up. Up in consciousness, up in your feelings and thoughts, up to the top level where Spirit dwells. This is the level of Divine Order. By raising your consciousness to a spiritual level, you touch the very center of God and when that happens, you will feel the assurance that all is indeed well.

I Am That I Am through the Eternal Brother

June 18, 2006

Today it is Father's Day, so let us celebrate our Father in Heaven and give thanks to Him for giving us life. Let me remind you that God loves you with a greater Love than you can imagine. For He gave you the Love that you are, the life that you are, the ground you are walking on and the air you are breathing. Let us be together in the sacred garden, let us sit down in meditation and listen to our Father as He speaks to you.

I love you so deeply, for if I did not, I could not come to you in the way that I AM. I ask you to love yourself as I love you, and when you learn to love yourself, you will understand the great cosmic truths that I am sharing with you. You will also understand the greatness that you are. Ahhhh, this is a wonderful moment, this is a great and glorious day.

For ages now you have thought that I AM a somber, angry, judgmental and fearsome God. Well, my beloved, I AM NOT. That God you were told about has never existed, except in the hearts of these men of the old priesthood. It was man who created these images of Me as a judgmental character. Here is what I AM:

I AM the very color of your skin, I AM the magnificence of your eyes and your ears. I AM in every moment that you are, I AM in every thought that you think, I AM in every deed that you do, I AM even in the shadows of your soul. I AM the sun rising in the morning, I AM the star that is twinkling in your night sky, I AM the moon waxing and waning across the midnight sky. I AM the insect, I AM the snake and the humble bird in flight. I AM movement, colors, sounds and light. I AM passion, I AM Love and Joy and at the same time I AM also sadness. I AM that which is all that is, I AM GOD, your Father and Creator.

I AM not a personality with an Ego that divides itself into facets of good or evil, right or wrong, perfect or imperfect. I SIMPLY IS. And it is that ISNESS that loves you so grandly that I allowed you to create the illusions of perfection and imperfection, good and evil, positive and negative. I have never judged you for anything. I gave you the uniqueness of your own ego and the freedom of will to become whatever you wish to become. And nothing that you have ever done in your countless incarnations of learning has ever been seen by Me as anything other than BEING. I have always loved you, for I know of no other way to perceive you for you are ME.

I AM not a word, I AM a feeling that lives within each and everyone. I AM complete joy, for I know of no other way to be. I AM all life-forms vibrating in harmony with the universe. I am like a sound of laughter, and if you listen carefully you will hear me laugh, you will never hear me weep. I AM the ISNESS that Loves all that IS.

Beloved ones, Love the beautiful entity that you are and the God that you are. Know that I LIVES within you, and that you live forever. The only difference there is between you and my Son Yeshua is that He understood the principle of God within and then He lived that principle completely. You possess the same nobleness and the very same Love to become what He became. Through the realization that you are God living on earth, you will become the teacher who then can teach others of their own salvation. For He says unto you: The Father and you are one. Your Kingdom is not of this place, for the Kingdom of Heaven is within you.

I AM speaking to you of Life and its beauty.

I Am That I Am through the Eternal Brother

June 25, 2006

Good morning to all of you and may Divine Peace walk hand in hand with you. Each of you should accept that you are The Divine Light in a world of darkness. Turn night into day and help Mother Earth through the current cataclysms and catastrophes. We are asking you to align your thoughts with the Cosmic Vibration of Love which then will assist the Great Mother Earth to balance her axis with the Sun.

I am not here to spread words of negativity but to explain what is happening right now on the surface of the Earth. Each cataclysm and natural disaster is the result of mankind's imperfect consciousness. In fact, my beloved ones, you reap the harvest of a disobedience to the Cosmic Laws of Perfection and unfortunately, you may face more of these reactions from the Earth's elements of Water, Wind and Fire. You must understand that mankind's thought forms create an Auric field that affects the Earth's thought forms. Any imperfect thought has an influence on the whole planet. In the same way, my beloved ones, when you are applying positive thought forms and emotions, it will come into resonance with the Cosmic Vibrations of Harmony.

We are watching you and we see that your potential is really great. Can you remember that your wonderful teacher, Jesus the Christ, said "Go to the Ants and be wise"? If you go to an ant hill and watch the ants, you will then understand the feelings that we have for you. We can see from our level of consciousness what direction you are heading. We can see that you can make a short cut to the end goal. We can support you and give you certain help, but we can only do so if the Cosmic Laws permit us to do so.

We are using much effort to prevent the destruction of the very physical platform, the Earth itself. The very same Earth that gave you the physical form and safe conditions for life and the development of a race of Super Beings. We have to remind you about certain Cosmic Deadlines and also remind you about who you are yourself. You will have a possibility to show your true divine nature before the end of this Cosmic cycle in 2012. In your time and space that means NOW...!!!!

In the Earth's history of evolution as with any other planet, there will always be some critical moments determined by the Galactic and Cosmic Cycles. The real danger for you is connected to your detachments from the connection to God and His Universal Hierarchy of Higher Forces and the Divine Laws that guide everything. This planet's evolution declined from the plans set by Cosmic Laws and unfortunately, it requires a correction.

All Predictions about "Judgment Day" and other miseries given in the past and in the now are simply reminders to tell you that you need to keep the Laws of the Universe. I remind you that the Law must be obeyed. Whether you are following it or not is entirely up to you. When you, my beloved ones, begin to understand the Cosmic Laws, you can then change the evolution and become in attunement with the Great Cosmic Plan.

I am the Eternal Brother through Jananda

July 2, 2006

Good morning, I am Sananda, one of the world teachers. My Father's Peace be with you on this day when we celebrate freedom. Come, come with me to the sacred garden and sit with me. Be still and listen. Visualize a blazing star just three feet above your head. It is shining bright and reflecting all the colors of the rainbow. See all these colors and light pouring down over you. Visualize the purest white light in your heart. Be very still in your mind and heart and feel the white Christ Light in your heart. The white flame of Christ reaches up from your heart to the star and the two lights become one. You and I are one. You and our Father are one. We are all One. Peace, Peace, Peace.

My Beloved ones, one of the most important things about freedom are your spiritual rights. That is the right to have a relationship with God, our Creator, our Father. Another important part of your personal freedom is to know yourself as Love. For I say unto you, Love is your eternal right. Love is who you are.

You have the right to know that when you enter your heart consciously, you will know the higher intelligence of the Universe, which is providing for your life. When you enter your heart, you do not have to ask for permission; it is your birthright. However, you must enter your heart as your true self, the love you are.

Wherever your love is, you are. Do you realize that this is the law? Love brings you lessons. Love brings you blessings and opportunities. When you change your thinking to Love, your life is changing. Do you also realize that this eternal Love walks hand in hand with eternal life? This Love brings you immortality.

Our Father in Heaven wants you to know that He brings you blessings of abundance and joy. He brings you the spiritual freedom to choose. He says, "It is not My Will that there is suffering." Often you will notice that suffering is like giving birth. Upon completion, it brings joy. There are those who mistakenly believe that suffering is a punishment from God. Not True! However, suffering and pain are always a consequence of the law of cause and effect.

My beloved, we are all of the same family and we are of the same Spirit. Whatever or whoever we are, whether spiritually or physically, we are all children of the Heavenly Father/Mother God. Allow me to remind you to each day remember and give thanks for the great gift of life from the great Mother of all form.

From my heart comes the urge to ask you, my beloved ones, to allow other people, other nations, other religions, to follow their way of life. As we come into the New Golden Age, you will notice that mankind evolves and that there will be a tendency to move toward unity and there will be a growing desire to be more tolerant. In my earlier teachings to my brother Jananda, I was talking about the limited view each religion has of the whole picture. Allow me today to end my teachings to you by saying that love is like the spokes of a wheel. They are like rays of light and they are all radiating from the hub of the wheel that I like to call God's heart in you. Let it not be religion, but Love, that radiates out from your heart and becomes one with our Heavenly Father/Mother God, The Eternal and Infinite Creator of all Life.

When we all become one in God, all wars, differences in religion, all suffering and all pain will end and humankind will experience the real freedom. My Father's Peace I share with you.

I am Sananda through the Eternal Brother

July 9, 2006

Good morning and what kind of morning is it for you? Would you like me to take you to our sacred garden? Let us walk together to Paradise, for this is the real place. This is the place where you always can find true Peace. Let us now sit together and just be One with our Father. Listen, Feel, for the presence of our most Beloved Christ is here.

"If you abide in Me, then My Words will abide in you." Can you understand what I am telling you in this now? I am your Christ Self and I am talking to you. I want you to think about these few words....Think, my beloved ones, THINK.

Let me explain. Inside you is the Light of God, the Christ. It is I, the Christ Self that is talking to you now. Stay in tune with me and keep the image of My Presence in your mind and then you will be sharing the wine with Me. Can you remember when I was speaking to you about the Wine of Life, or have you forgotten? I was talking about how you were the branches on the Tree of Life. Today I will talk to you about the Divine Truth.

Without Me, the Christ Self, you are Nothing and you can do Nothing. If you keep on doing it all by yourself, you will make the realization that you have put yourself in bondage and that you have been giving your power away. Are you awake, my beloved? Or are you still sleeping? It is not the time to sleep. I AM calling you to service. If you try to do it without Me, you will still be in bondage. My beloved, team up with Me, then you will become the Real You and you will be Free, Free, Free.

When your Mind is directed within, with your heart to the Christ, your subconscious Mind will release its holding on to the old patterns of negative thoughts and you will become receptive to the Light, the Love and the Life of Spirit. For I say unto you, the good things in your life cannot come to you unless you become in tune with the Living Christ within.

You must unify your Consciousness with Me, the Christ Consciousness, to become an open channel for the expression of God. Then you will become aware of the Truth that I speak. By becoming aware of the Truth, you will understand the Truth, you will know the Truth, you will feel the Truth, you will speak the Truth and you will then only act in accordance with the Truth.

And what is the Truth that I speak to you about? It is the Universal Truth that God is your Higher Self, the Christ Within. It will then be God that expresses Himself as your True Nature. You will then be the True "I", the I Am of your Being.

Here is the final Truth for you this morning: "When you Fully Realize this Truth that I have been speaking of today, you can ask what you will, and IT shall be done unto you."

It has been a pleasure to be with you on this day. May Peace Always walk hand in hand with you. Peace, Peace, Peace.

I am the Living Christ through the Eternal Brother

July 16, 2006

A wise man allows nothing to disturb him. He simply knows that the Divine laws are just, perfect and true. He knows that the law of karma must work out in every human life.

Let us relax our mind, body and soul. Breathe deeply, slowly and easily. Let us imagine that we breathe in light and life. Let us feel every atom of our being with God's Love. Let the Love fill our heart with perfect life. There is nothing but the perfect feeling of God's presence.

I am in God. God is in me.

Good morning beloved ones and what a blessing it is to meet you all here again on this day. Allow me to talk to you about the mind. You must open the door to the Divine Mind. When you become depressed and fearful, you are closing the door to your Divine Mind. You are then losing your vitality. Let me give you a solution and a very simple solution indeed! Seek only the Light of Spirit, then the spirit of joy and happiness will take over the door to your Divine Mind. Your true state of being will be available. Allow the sunlight of God to enlighten your heart and body and be full of Love.

With this Love comes the development of the power of the pure Christ Spirit within and your Divine Mind goes into action. When you open your Divine Mind, you open the gates to Heaven and you will find your way into the world of Light.

So we come to you this morning to prepare you for a greater understanding of why we are talking about your Divine Mind. It is a time of the so-called Golden Age, a great time indeed for transformation. You, my beloved ones, are now being prepared for a step up in your evolution. We would like to talk to you about Cosmic Awareness and with Cosmic Awareness comes the Cosmic Consciousness.

You must first evolve through Universal Awareness and Universal Consciousness. That was what I demonstrated through the day when I rode on the Donkey into Jerusalem. Later that night and the days to follow, I taught my closest friends about the importance of possession in each individual of Universal Awareness followed by Universal Consciousness. My friends were not totally ready for such a teaching and had I told them that they were also being prepared for Cosmic Awareness and Cosmic Consciousness, they would not have been ready for such a teaching.

Now 2000 years have passed and you, my beloved Disciples, will be given the assignment to teach others that the time for Cosmic Awareness has arrived. There will be Sacred Books with Sacred Teaching in the form of Words, Sounds and Colors revealed to the world. Some of you will be the Messengers of this Cosmic Awareness as a preparation for Cosmic Consciousness. Are you ready?

We have come to help you realize that there is a great power within you. It is the power of the Christ, the Son of God. We are asking you to become healers of humankind. We are asking you to open the doors to the gates of Heaven. We will help you find your way into God's World of Light in full consciousness so you can become familiar with the future world.

I Am That I Am through the Eternal Brother

July 23, 2006

Good morning my beloved, let us withdraw to our inner world called the sacred garden and let us meditate together. We are gathered here together with all our brothers and sisters who are praying and meditating all over the world. Let us for a moment focus on the Christ, as he is sitting there in lotus position radiating only Peace and Harmony. Allow yourself to be one with his glowing inner Light. Absorb all the Wisdom and Peace that He is.

What a wonderful experience to be here this day and be one with you once again. You have seen the confusion in the world. You have seen the lack of understanding that makes people kill the innocent. Exactly as you saw it when they thought they could kill the Christ. A constant reminder of the ignorance surrounding the law of love.

May I remind you, that all of you here this morning, a long time ago decided to be the healers of the world? It is your job to heal a sick world. To heal the sick souls of the nations involved. To heal the sick souls of humankind. You are here with us to help your fellow travelers to awaken to multi-dimensional reality.

May I also remind you that every thought of God, every prayer to God in sincere dedication, every effort you make to think honestly, every effort you make to convey love to your fellow citizens, every kind thought of Love, Peace, Harmony and Goodness is helping heal this sick world.

My beloved ones, seek only the true Christ Spirit and help your brothers and sisters to do the same by becoming a shining example of God's Love so they also can become servants to the Great Cosmic Plan of Evolution. Use what feels appropriate for you on your personal journey home. There are no restrictions upon you unless you perceive yourself as an imperfection of self. The I AM. You are perfection in every way, in every moment and let me remind you that you are a living integral part of the greater whole. You are ALL THAT IS.

In this way, you are the creator of your own destiny, of your own journey, no matter what direction it may take at any given moment. You are born with the power and the strength to change direction any moment not only within yourself, but also in the world in which you live.

I am the Eternal Brother through Jananda

July 30, 2006

Good morning to all of you and how are you today? As you are blessing others in your meditation, we would remind you that you also are receiving the very same energy that you give out. So why not give out a lot? Ask that your own life will be cleansed and lifted to a higher state of well being. In your work today and in the days to follow, listen to the hope, desire and need from the world around you. Love yourself, and as you do that, Love one another.

The world has indeed become a challenging place in which to live. Like Heaven with its many mansions, Earth has many mansions as well. We call them Nations. We in the spiritual world need your help to assist some of these nations to become members of "The Brotherhood of Nations." We need powerful prayer in action to pull some of these nations out of habitual thinking like the "an eye for an eye" and "a tooth for a tooth" thinking. We would like your assistance in helping the Earth to become a member of the "Intergalactic Federation" which is representing the true Peace.

We often talk to you about enlightenment. Enlightenment is not something you become by being anointed by a Guru or a Master. The way to enlightenment is by allowing positive thoughts to enter your consciousness, embracing it into emotions and then experiencing it into wisdom. And so it is my beloved, if you enhance your thoughts with more peace and harmony, you will become more enlightened and the whole world will look at you and say, what has happened to you because you seem to be younger every time I meet you? You may have had many negative experiences on your path and you may consider some of them as coming from the so-called evil or darker side of consciousness. However, my beloved, they are all learning experiences. They are certainly not mistakes. When you experience a negative effect that is causing you misery and unhappiness, it is a message to you that it is time to turn around, look closely at the event that brought it forth and then remind yourself that this is a teaching to you to turn to the beauty and true happiness within. It is time to return to the peace and harmony in the Sacred Garden, which is your true home.

Let us remind you to enjoy the things that God created for you, but at the same time do not feel attracted to these things, and that sometimes when you experience unhappiness or misery from the world, you may have been too attached to the physical world.

Everything you experience in this physical world is simply a reminder of the true life you should have and know, but maybe you forgot it, so it is time to remind yourself about enlightenment.

With these words I leave you on your path.

I am the Eternal Brother through Jananda

August 6, 2006

Good morning beloved ones. I love to be with you at these gatherings and see you smiling at each other. We love to hear you laugh. Will you please join me and my friends in the spirit world in a morning meditation for peace and harmony? Let your Light shine from your heart and greet your friend sitting next to you with the words: I SALUTE THE CHRIST IN YOU. Amen.

We were asking you to start out this day and every day to follow with a positive attitude. Then we would like to answer a question or perhaps two that we have heard coming from you. We overheard a discussion where some people claimed that God, since He created everything good, also created the so-called Evil. One of the parties in the discussion claimed that God creates only Goodness. Now, beloved Sons and Daughters of the Most High, who is right? The first person or the second? There may be as many answers as there are humans. Jananda has always claimed that you are representing one opinion out of however many people are in existence. Let us try to give you an answer. However, we will always remind you to use your discernment in your heart for everything you hear, see and feel.

GOD IS! God is holy, without goodness or evil. God simply is. God is unlimited, supreme beingness. AND God Loved you so much that He has allowed you to create the illusion of perfection and imperfection, good and evil, positive and negative, and male and female duality. God is neither of these terms. God IS. The God that I know loves you with a greater, more profound love than you have ever conceived, for He allowed you to create your life however you desired. The Father has always loved you, for He knows of no other way to perceive you, for all that, which you are, IS HIM.....

So in our answer to you, we are giving you a question that you can answer. If evil is Man-Made, then Man can also stop it or avoid it by not giving it any energy! And how do you do that? Well my friends, stop sitting in the church or your meditation corner waiting for God to descend and do something about it. God will not do that. Why? Because God gave you the absolute power of Love to conquer the darkness as well as He gave you the absolute power to control your thoughts. Do not feed negativity, starve it to death. As you stop feeding the negative thoughts, then they will gradually change to become positive. Let your Light shine from your heart.

Om Namah Shivai (Surrender to God),

I am the Eternal Brother through Jananda

August 13, 2006

Good morning beloved of God. Like the Disciples in the Bible, we are teaching you, even this day, to celebrate the Christ Spirit within as a joy in your soul. Open your heart and mind to your own Divinity by seeing only the Divinity in others. As you see the situation in the world develop in a very dangerous direction, we ask you to remember to salute the Christ within each individual you meet and do not allow fear to get into your heart.

Today I would like to assist you in opening your mind to the Beloved Christ. In your prayers, ask joyfully and be in the knowing that God has already provided your every day's need and has already answered your prayers. Each time you think and affirm that the Mighty Christ Spirit is within you, your heart is overflowing and filled with gladness. Do not see yourself as a needy person, because the Christ within you fulfills you and brings you a joy that will uplift you and brighten your day and the days to follow.

As a Christ, you are One with all in the sacred environment of God's Creation. And because you feel One with all life, as you give to others, you give to yourself. Do not give from your mind, but only from your heart. Give not from responsibility for others, but from a recognition of Oneness in the Christ Spirit with others.

Wherever you are, God Is. The presence of God is your environment. Although you may have moments where you forget these Universal Truths, remember you are made in the Image and Likeness of God and that you are One with God. You can co-create an environment of Pure Love, Ongoing Prosperity, Healing Energy and Divine Wisdom. See only the Divine Christ Spirit in others and your life will change accordingly.

When you pray, allow the Mighty Christ Spirit to make room for God's perfect plan for your life. Be prepared to receive the perfect healing and renewing of your spirit and let Loving, Harmonious thoughts become part of your daily conversation with others. Stand absolutely firm in the knowing that only the Love of Christ is working through you, bringing harmony into any situation and feel the positive effect it will have on those around you.

With these Loving thoughts I leave you in my forever lasting Love.

I am the Christ through the Eternal Brother

August 20, 2006

Good morning Dearest Ones. At this moment in time, let us join our hearts together in meditation to celebrate your heart's desire, which is your soul's desire. The true transformation is now at hand. It is time for transition into this new reality in the so-called now. A transition into the Golden Age. Forget about the past. Live only here and now with us, your brothers and sisters in Spirit. Love and Blessings to you for we are the Angels. Amen.

God's holy light is arriving as a wave of love energy in all the dimensions and kingdoms of the manifested physical Earth. It is a preparation for the long awaited shift in consciousness. The Animal Kingdom, The Mineral Kingdom, The Oceans and The Air are now receiving a blessing and an energy beyond your understanding. God's Holy Divine Presence is creating a new third-dimensional reality. It is the New Heaven and the New Earth. All doors to the heavens will now be opened.

For those who sincerely are seeking to know God's Love more in their hearts, it is the time of a joyful reunion with their soul. All individuals have carried the knowledge about this reunion even before being born into this life. This dream will now come true. It is not a knowing in the personality which is one of the smaller parts of the "I Am," it is a knowledge in the so-called higher self that lives eternally. It is in the soul.

Inside you is a Divine Light that is the very unique, divine and holy essence of who you really are and what you came to bring into this world. This Light is your gift to the world. It is a gift that blesses the whole world and when you radiate and share this light with the world, you will feel a deep fulfillment and satisfaction.

You are always in our prayers beloved ones. Today and every day we pray that the order of God is working in and through you. We are always praying for peace and harmony in your life. May we suggest that you do the same prayer please.

Every single day in your life is a wonderful new opportunity for you to live your life to the fullest of your potential. We see only the Divine glowing light of God in you and we are affirming that you are healed in the presence of everlasting life.

As the world is receiving this inflow of new life, we behold you as you really are. The Radiant Glowing Child of God who is giving expression to the many qualities of God's Spirit in you, that you may assist us to create a New Heaven and a New Earth.

We are the Angels, Messengers and Servants of God through the Eternal Brother

August 27, 2006

Let us withdraw into the temple of our heart. Meditate on the image of a pink rose. The rose lies on the altar in the temple of your heart. Its petals are open to the Sun, every petal living and glowing with light. Visualize a beautiful light in the center of the rose.

Allow yourself to be enfolded in the pink light of the rose. Feel the Light from the Sun pouring into your heart. That light is the Christ. It is all love. You are becoming part of him and you are becoming one with all of humanity. You are the Love.

Good morning my beloved ones. We kindly remind you that you in this moment are nothing less than complete and total Love. Do not simply hear our words as a message in words. Allow our energy to go deep within your heart. Please go way beyond intellectual understanding. You are unconditional Love when you listen to us.

I am White Eagle.

As the perfect creation of our Father, you cannot be less than Love. If you are thinking that you are less than perfect, you are making Him less than perfect. Stay in that higher state of consciousness, thereby you will be able to make immediate differences with your every thought, movement and word.

If you are thinking yourself to be less than perfect, your energy travels to others. Please remember that you are responsible for how your energy is projected and how it affects others that you meet on your path. We can say that your mood is contagious. When you laugh and are joyful, your friends cannot resist it and they will begin to feel joyful too.

Your whole life is a constant exchange of energy with others, so when you give or receive energies that are uncomfortable, such as anger and other negative feelings, you will have a tendency to try to protect yourself and you are ending up with actually closing down your energy field and the feelings will then become blockages in your energy field (auric field). Here is the most important. While the energy is being exchanged between you and another person, it is also being emitted to the environment. We are referring to the fact that you are a co-creator with God. That means you are creating your own universe and the energy leaves some residue within the environment exactly as it did in your auric field. You are then becoming the co-creator of a place on earth where there will be a negative field. You must understand that you are leaving an imprint due to the exchange of energy between you, an event, or other interactions among people you meet on your path.

Last but not least, my beloved ones, "You are an interactive part of the Living Universe."

I am White Eagle through the Eternal Brother

September 3, 2006

Let us withdraw to the sunlit garden of spirit. See the sunlight dancing on the moving water. Feel the joy of nature as you see the sun's rays dancing on the surface of the water. Imagine the beautiful rainbow. The shining form of your guidance appears as the master, Christ. He calls out to you, "Come, come my Beloved, let us take a walk. Let us talk."

Good morning my beloved. Today let us talk to you about the connection to us, your guides. We are the Angels, we are the messengers of God. First let us tell you how much we love you. How much we know your innermost fears and anxieties. We know the contract that you signed up for before this life. We also know all of your blockages, your weakness and your strengths as well. We walk this path with you every step of the way and we know about your search for guidance.

Reading a book will not do it for you, neither can any guru or teacher accomplish it for you. The only way you can make contact with us is to go within. You may not know it, but we have actually been with you since you were born. Most of your life we have simply just been waiting for you and today, in this moment, we say good morning dear ones, here we are. Listen to us speaking and reaching out for you. We have the same longing as you have. We would also like to have a more personal contact with you! So why don't you call up on us? Invite us to your party. We will be there, we promise.

We cannot help you without your permission. We must remind you about free will. It is against the law to interfere with your life.

So when you invite us, please just say, "I would like to walk the spiritual path," or "Please show me the way" and we will instantly be there to assist you. We will help you to pick the books that may have some interest for you. We will guide you to the coffee shop and let you meet people who may have some energy you need to learn about. We will provide an invisible, gentle guidance and inspirations. (If you just will listen, be quiet, be still.)

And we will never allow you to give your power away to us. You are the one that must be in total control. You must use your discernment in your heart.

Sometimes we have to work very hard to help you. And sometimes we may need to give you some time to rest and it may seem like we are not there. Rest in peace, beloved ones and trust us for we are there!

We are the Angels, Messengers of God through the Eternal Brother

September 10, 2006

For the morning meditation let us find ourselves in the sacred garden kneeling in front of the altar, which is shining in the Light of the Christ. We see him kneeling there together with us. We see the gathering of the elder brothers and sisters in spirit and we hear them chanting three Ohms. Let us join them. Ohm, Ohm, Ohm....Let us all be in peace. Peace, Peace, Peace.

We greet you all on this beautiful morning with our never ending Love for you. May we suggest that you strive to think as we do? How will you tackle today's situations? Will you allow yourself to be out of balance? Will you still be controlled by the lower self? We see that the frailties of the flesh often are your masters. We suggest that you become masters and radiate the Light of the Eternal Universal Christ.

Let your light shine forth to the masses. Please remember that we are always with you. That you are never alone. Let the world around you be happier and better by you being happy. Nothing that is happening to you is happening by mistake. Every situation is coming to you by your own choice. When you learn to live your life not for yourself, not in fear, but only live in service for others, your life will turn around and you will attract more happiness and joy.

Be thankful for your life. Whatever comes to you, please see it as an opportunity to make changes. Be thankful and grateful to God that you have been given this opportunity to change your life. All sorrows, troubles, losses, or whatever is coming your way, are not inflicted upon you by a revengeful God saying "I am going to punish you for your wrong doing." They are all but an incredible opportunity for you to take the next step on your journey through life.

Let us speak to you and listen well my beloved ones. We are speaking to you from the realms of Spirit. You have nothing to fear. Accept God's way of being wise and loving. You have now reached the point where you are ready to clear away your Karma. We care for you despite your doubts. We have appointed angels and helpers in Spirit to watch over you and they are very gently guiding you on your path. You may not, in this moment, be able to see what is ahead of you or what the future will bring, but learn to trust God. Live in the Consciousness of the Christ.

Know that at the right time, you will be ready and that we will show you the way.

We are your guidance and I am the Eternal Brother

September 17, 2006

My Beloved Ones good morning and how are you on this incredible day? Is it not wonderful that we can meet in this time and space? I Love you way beyond your understanding. I come to you with wonderful news. Do you want to hear? Well, you have the power within you, exactly right where you are, to reverse the age of your embodiment the whole way back to your youth. Not only that, but to live on and on in eternal life. So let us meditate together and I will help you to accomplish this. Wow, before I even get started I can see your doubt. You do not believe me, do you? Honest? So we must start out with a small change, which is a change in attitude. In this meditation say, "This body will live forever and so it will." I am Master Death here to teach you about eternal life and the real Ascension.

Let us start with your vocabulary, which could need some changes. For instance, cease the celebration of your birthdays for that alone gives credence to the aging process. Second, never use the words, "I am getting old." No, instead, "I live forever." You are also afraid of your meeting with me. I would never do anything to hurt or harm you for truly I say unto you, I Love you more than you can imagine. When you do not expect death, you will never meet me. Let us go on in my teaching to you. Always remember to live in the present. You should never acknowledge any other future than the present Now. Your Now will be Eternity if you permit it to be so.

Never, never contemplate how long your life is going to be. Jananda has a little story about me and how it can be to meet me. Instead, contemplate on the forever-ness of your body and so be it. That is really how simple it is. The laws of the universe are simple. Love yourself. Bless your body several times every day. Start speaking to your soul, for your soul is the Lord of your being-ness. Command your soul to bring forth the enzymes of youth and it will and must be, for you are the creator of your own universe. Know for sure that the body can live forever. And how does it live forever? By you telling it to!

Immortality can only be achieved when you cast away the understanding of Mortality. Do you understand? This whole concept called death would be eliminated from humankind if they stop living in the future or the past, but instead live in this moment we call the Now. Humankind must change their attitude so that living is greater than dying. My beloved ones, we have been preparing you for great changes to come and some of these changes have to do with the concept that you call "Time." Truly I tell you that "Time will be no longer and that understanding will be a living reality in everyone in existence upon the surface of the Planet Earth." Then the concept of the so-called death will have become an absolute no sense no-thing.

I am Master Death through Jananda

September 24, 2006

Beloved Sons and Daughters of the Most High, please allow me to be in your consciousness for a few moments more. Do not have any fear, for I am only here to teach you some lessons about life and death. Trust me; I know what I am talking about, for I am Master Death. Please walk with me into the sacred garden and reflect over these thoughts. The life you are living is a dream, but a great dream. It is your thoughts that have been playing with matter and your thoughts that have created deep realities that are binding you and your emotions to the physical plane of existence. This is until you, my beloved dreamer, will awake. Notice I was using the word "will," for indeed, you must use your own will power to wake up from your dreams. Wake up my beloved, wake up. It is a new day.

You have chosen to incarnate by using your so-called "Free Will" into this plane of existence. You are a visitor on this plane where thoughts become visible in the three-dimensional form we call matter. It is a complicated process, but let me explain in simple words. When thoughts expand into a light frequency into the third dimension, it becomes a slower vibration and becomes solidity on this plane of existence. And so it is that light has slowed in its vibratory frequency and then takes on its dense form. In order for everything to have the very same density, everything is vibrating at the same frequency and by doing this, your own body vibrates with the same frequency as the chair you are sitting in. For you, it may seem that this level exists because the senses of your embodiment are designed to perceive the very slowest rate of light, which is what we call matter.

This is only an illusion, but if you want to be a part of this frequency and experience it, you must incarnate in a physical body and then learn how to activate parts of your brain that are still asleep. As you awaken these parts of your brain, you will gradually become "enlightened" and you will learn to command your body to raise its vibratory frequency to the frequency of Light. Which again, is what we in the spirit world call "Ascension."

Now I would like to explain how we see Ascension and what it really means. Ascension simply means that you are taking the entirety of your being into the next dimension accepted by your own consciousness. Death is absolutely one way of getting there, but that will also mean that you are allowing the whole body structure to age and decay and then to be no more. My beloved ones, real Ascension means that you take your embodiment with you.

The masters, who ascended to this plane of existence, also mastered the ultimate, which is death. The masters taught themselves to raise the power of their thoughts. Then they raised the vibratory frequency of their body's molecular structure to the point where the body is taken along with all atoms into the Light existence, thereby bypassing death.

This, my beloved ones, is what real Ascension is.

I am Master Death through Jananda

October 1, 2006

Good morning beloved ones. Allow me to start out with asking you a question. "Who are you today?" This could be the daily question to ask yourself before starting your day.

I want to remind you that we so often in our little Sunday communication with you have been talking about how important it is for you to have absolute control over your thinking. Remember? Let me correct a little mistake that you so often are bringing forth in your thinking about who you are. That is why I start out with this important question in the beginning of our communication. Let us meet with your Master teacher in the sacred garden. Come, take my hand and let us join the Shining Light of the Enlightened Ones in their morning meditation.

My most beloved ones, you are NOT a slave or a puppet to a God that watches over you in your struggles. You are born free to accept and embrace whatever you choose to make your world of reality. You do have enormous power and with this really awesome power, you have indeed created everything for yourself. Your every thought creates the destiny that lies before you. Your innermost feelings create that which you call life. For I say unto you, whatever you think and then feel, so it will be in your life. For our Father says, "So Be It!"

Please, my beloved ones, contemplate how great the Love of God is. It is a Love that allows you to create anything you wish without ever judging you. With that I wish to teach you that every thought you think will manifest in your life. What a Love the Father has for you that He designed you this way. I want you to understand that all that you are, everything you have experienced, every tiny detail in your life, is created by YOU. Do you realize that you have desired to accept and determine what is good for you? You did it all by your own thinking.

Since you possess such great power that you can create anything, let me ask you, dear ones, what is it you have created for yourself right now? Your greatest creations until now were wars, unhappiness, worries, misery, hatred, self-denial, age, disease and last but not least, you have decided that you need to experience death. With your limited beliefs, you have created another reality other than life. You have separated yourselves from reality by judging all things, all people, even yourselves. Am I too tough on you by confronting you with these truths?

But my beloved ones, there are other things to consider. When you realize that you had the power to think yourself into ignorance, diseases and death, you also have the power to become much grander and even become a master of your own thinking. How, do you ask? Simply by opening yourself up to an unlimited thought flow that allows you to have greater creativity and eternal life. Realize the God that created your body in the first place is the very same power that sits within you. With that realization, your body will never age or become infected with various forms of diseases and your body will never perish. Let me again warn you, if you hold on to your beliefs and limited thinking, you can never experience the unlimited, which gives glory to the rising sun and the great mysteries in the evening skies. More teachings to follow about eternal life.

I am the Eternal Brother through Jananda

October 8, 2006

My beloved, good morning to all of you on this beautiful day. I love you and I am so very happy to be with you. Let me remind you that you do not know how beautiful YOU are, for you have never seen yourself the way that we do in the spiritual world. As a matter of fact, you have never really looked at who you are or what you are. You have asked so many times the question, "I wonder what God looks like?" Well dearest ones, go to the mirror and look. Behold, for I say unto you, you are looking God right in the face! Behold God. Please remember that, for YOU are that very same God that lives in everything. I promised you to talk more about eternal life, so listen well my beloved for I have good tidings to share with you in the sacred Garden.

Death is one of the greatest illusions. So-called death is of the body only, for what has been created can never be destroyed. That self that lives within your body is ongoing, forever existing, has never had a beginning and will never have an end. Allow us to illustrate. The wonderful flower sets a seed that it might come again after the white silence of winter comes and everything gets cold and barren. When winter is gone, behold the wonder, the bud comes again and there is another blossom and so it is with you also.

Some may think that there is only one life and liken themselves to the flowers. One blossom in the spring (youth) produces one fruit or more (children growing up), dropping the leaves in the autumn (growing older) and finally dying in the winter (old). But don't you know that you are so much more and greater than the blossoms and that your life is far more important? Indeed my beloved, indeed, you continue life after life after life, eternally.

Allow me to also explain in a few words that whenever a body can no longer serve its purpose, the soul decides that it is time to withdraw its energy from this body and then the incarnation cycle will end for this time. In the transformation process, or should we say in the passing from the earth plane to the next level, all instincts and sensations of the body will disappear and there will no longer be any fear, aches, pain, hunger and even the illusion of time will disappear. All things connected to the physical body no longer exist and you are in the so-called "after life" or for those of you who remember, you are in heaven and safe in the hands of God.

At the moment of "death," your world will be illuminated and become wonderfully bright, for you are leaving the density of matter and returning to who you really are. The Light. Your body is a body of Light changing its electrical form to balance with the thoughts that are accepted by your Light Body. Finally, my beloved ones, which "Heaven" you go to is determined by the attitudes that you emotionally expressed while you were living your earth life. Please remember that I told you that there are many heavens, or planes of existence and there is NO HELL or any other place for torments or punishment. Whenever you leave an incarnation, you always go to that heaven or level which is aligned with whatever conscious understanding or collective emotional attitude that you expressed on this earth plane of existence.

I am the Eternal Brother through Jananda

October 15, 2006

My Beloved Ones, it seems to me like you are feeling that there is something which you need to do to change who you are. Dearest ones, allow me to suggest that you sit, just allowing yourself to recognize what already is. Today I am here to teach you about your endless possibilities. For I say unto you, I am here to open the doors to your inner temples of Wisdom and Knowledge so you can realize your options for living a full life here on this plane of existence. For indeed my friends, life is not limited to this plane. Follow me to the Sacred Garden and listen well for I speak to you in your heart of silence.

I would suggest for you to direct your thoughts and attention to the process of recognition of your self. Allow your thoughts to be more in alignment with who you really are. Again, please remember that I last week was asking you the question, "And who are you today?"

A loving, peaceful attitude brings you in closer contact with your whole mind. As you become your higher mind, you will find that all your needs to maintain your physical life will be met in the most natural way without any effort from your side. Let me repeat, the only thing you need to do is to change your pattern of thinking.

I am sure that you are aware and can point out many examples of people you know who are experiencing great financial wealth and you may even say that these people are not on a spiritual path at all or not even spiritually aware. However, my beloved ones, the minds of these individuals wish to experience great financial wealth. Should you, my friend, choose to experience the same financial abundance, let this become your sole emphasis. Hold this in your mind and exclude all other interests and then you will have it. Not because it has been bestowed upon you as a gift, but more simply, because it is held in your mind with total clarity.

You seem to always be looking outside yourself to find the answers for your fate and destiny. I have often said to you in my earlier teaching, "Stop looking, for the answer is inside yourself." The answer is in your heart. It may have been comfortable for you to blame God or something outside yourself, maybe even blaming your difficulties on the "Will of God." Then you were seeking answers in priests, prophets or seers instead of believing that you were wise enough yourself to answer your questions.

But let me tell you my dear, as long as you look outside yourself for reasons and answers, you will never be able to hear the still small voice within. What happens in your physical world is an experience of seeing yourself as not being in balance with your surrounding universe. The experience of achieving financial wealth, if that is your sole focus, will be perceived as simply having money. In either case, both are the embodiments of your state of mind. In each case, you will recognize that which you have received. Let me repeat so there will be no misunderstanding. When you focus and direct your undivided and clear intention and attention on wealth and health, you will recognize that this is what you will receive.

Let me end this morning's teaching to you by saying that you heard what I said, but you may not truly believe it. Not until you become aware that it is your absolute ability to bring into your awareness within your physical embodiment anything you hold in your mind with total clarity, purpose and gratitude toward God for what you are receiving.

I am the Eternal brother through Jananda

October 22, 2006

Beloved ones, Good Morning to you all. There is only One Power. Maybe you do not feel filled with peace right now? My dear ones, pretend that you do, for out of Peace comes Power. Peace is Power. God is Peace and Power. There is only one Power, and that is God. Peace and Power are attributes of God just as Love and Life. Do you realize that there is no Power apart from the Power of God? This Power is Omnipotent. For this Power, nothing is impossible. If you want to be in contact with this Power and use it, you must first be in Peace. You can only use this Power with the same measure as you are able to accept it. Let there be Peace on Earth and let it begin with me is a very powerful statement.

God does not direct floods, earthquakes, volcanoes, storms, lightning or even rainfall. These events are the effects of conditions in the physical world and its universe. God does not get mad and trash out cities, civilizations, towns or ethnic groups as you have just experienced in New Orleans. All these things, such as the hurricanes and the floods, have happened on this planet long before there were any living beings in these areas of the world. God does not get involved in human conflict. God does not get involved in political or religious struggles. God has no enemies, so why would He get involved in the wars on the battlefields of the earth?

The human ego reflects infidels and believers alike. God does not 'really care' whether you believe in Him or not, but the consequences are quite different. God does not take action against anything or anyone. Life is, in reality, very simple. Some are attracted to the Light and some to the Darkness. The choice comes from within and is not imposed by God.

God is beyond all forms and beyond time and space. In the Presence of God, all suffering ceases. In the Presence of God, there is no future to fear nor is there any past to regret. God is everywhere present, including the here and now. You cannot find God somewhere in a heaven or only available when you come to a heaven. God is like the Sun that shines its Light equally on the good, the bad and the ugly. Did you know that the beneficiary of worshiping is the worshiper? God is totally and absolutely complete and therefore has no needs or desire. God is never unhappy or upset if you have never heard about Him or do not believe in Him.

The old world's comprehension of God comes from man's guilty projection of fears. The more primitive civilizations thought that every storm meant God was angry and needed sacrifice to calm down. Likewise, the volcanic activities also indicated that God was angry. In this way mankind created and thought himself into despair, disease and death. With the dramatic changes in the weather patterns, it became obvious that God was angry and punished mankind. Today I teach you that since you have that awesome power to think yourself into ignorance, disease and death, you have the same possibility to change everything. Realize the God that created your body is the self-same God that resides in you as the Mighty I Am Presence.

My beloved ones, be at Peace, for Heaven is within you. And I AM within you beyond all form. I Am ALL THAT IS. I AM not different from the Self.

I AM JOY. I AM FREEDOM. I AM THE SOURCE.

Blessings to you all,

I am Janakananda through Jananda

October 29, 2006

Good morning, my beloved ones. Let's go to the sacred garden and just be still and know. I ask you to have compassion. I ask you to open your heart to those who do not understand. I ask you to open your heart of compassion toward those who have chosen such a difficult task as to live in locations which are undergoing transformation. Are you ready to serve mankind? Are you ready to stay calm and stay in perfect harmony with Spirit during these challenging times? Well, then let us pray for mankind to awaken.

With all the events that are taking place in the physical world, you will have to understand and accept the Cosmic Truth that the changes of the Earth will happen very fast from now on because there are certain Cosmic Deadlines. You will watch places on the Earth freeing themselves out of the coldness of the dream of human consciousness.

My beloved ones, if I was to describe the Cosmic Truth in a simple way, you would probably not understand it. And if I was to describe it as it really is, you would not be able to understand it. Only by being still and knowing who you are, you may in a sudden brightness, or sudden glimpse, perceive the Truth which will not come to you as words or images. No! It will be like a flash of lightning which will lighten the whole Earth from all directions at the same time.

In that moment that you receive the enlightenment of the Cosmic Truth, it will be like you just awakened from a deep sleep that lasted for millions of years. It will be a moment where your Divine I AM will unite with all that you are. You will remember who you are. You will remember why you came to the Earth as a volunteer in the first place. You will remember when you came and with whom you decided to serve the Light.

There is a new race of human beings incarnating on Planet Earth. These people will find similar people all over the planet and unite in common service of all life on the Earth. All of these people are unusual people who have overcome some restrictions in their consciousness. They are not asleep. They will spend all their time, yes, they will indeed spend every minute, every second of their being in selfless service to help all living creatures. They will talk about the Way to enlightenment and how to find this Way which lies inside each individual's heart.

All of you here are capable of realizing some part of the Cosmic Truth. It will happen to each one of you. It may not happen in this lifetime, but it will come. I have come to awaken your consciousness from a long sleep. Remember, dear ones, I have called you before: "Sleep no more, wake UP!"

We are many Masters and we are inside you as part of yourself. We are inside you as your DIVINE SELF, YOUR COSMIC I AM. We cannot leave this planet (or you) until the very smallest part of ourselves is included in the body of every person who has incarnated on this planet.

Have you noticed that we come with our teaching again and again? We speak to you on the level available to you in this auditorium and through this instrument and we know that you will receive the understanding of this teaching material. I know that the teaching I give to you may not coincide with ideas you may have received from other teachers, sources or books. Indeed, my beloved ones, when I see your consciousness open, it is like watching a beautiful flower opening itself up for the morning sun. You are beautiful, I Love you. I Salute the I AM within you.

I am the Eternal Brother through Jananda

November 5, 2006

Good morning dear ones, how are you today? Today I would like to talk to you about the Universe and some of its wonders. But first I would like to make contact with you through your meditation. Let us join our thoughts and our love for each other in the sacred garden. I want you to look at me as a brother, not as a teacher. We are one.

I have talked to you several times about life and death. Life is a part of death, and death is a part of life. You will all experience it one way or another. Have you noticed that your own body is gradually decaying and degenerates away? It burns itself out, so to speak. Your Aura's protective energy field gradually falls away. But the Divine Self moves on and goes into infinite timelessness, which we call eternity. Then it connects with the web of continuous communication that connects all life throughout all the Universes and again becomes part of the whole.

The stars and planets you see in the skies are going through exactly the same life cycles. In the beginning all is chaos, like now for instance. But when you learn to live in harmony without the chaos, your body's cells will cease to degenerate. You are very sensitive beings and when you achieve the same balance as there is among the stars in your system, you will find the meaning of eternal life. Then you can achieve the same eternal life as we have done.

Your science and the average man on the street of today have absolutely no conception of what the Universe means. For many of them, it seems to be random chaos. Your civilizations have not yet discovered that they are the cause of this chaos by not having any communication with nature and their own environment or the Universe. No, instead they destroy nature kingdoms and keep on creating an unbalanced effect within their own environment, which creates a ripple effect beyond the solar system in which they live.

Allow me to teach that as you live and think, the Universe will and must respond to your thoughts. I want to share a cosmic secret with you even though I often tell you that there are no secrets in the Universe. When you pray in sincerity and with positive thoughts toward your Creator (which means THANK YOU, GOD), then your Auric field will carry an electrical charge that will attract negative ions to you and you will be more stimulated. When you live this way, your energy field will be positively charged and keep on attracting more and more negative particles or ions. This is one of the secrets of LIFE, my beloved ones.....

By doing this every day, you will retain a communication with the Universe, the Milky Way Galaxy, which again is in harmony with the neighboring Galaxies and Galaxies beyond Galaxies, where these wave patterns of harmonic chords are playing the symphony of the Universe. And then the illusion of matter can be strung together with electromagnetic and nuclear forces of Light. The micro atoms of your body will then be organized and when you send out living vibrations (Positive Prayers), the cells in your body will constantly repair themselves and your life will become eternal.

In this way, your beingness will become one with the cosmos and you will find eternal life within the very same natural frequency and not the distorted frequency you currently live in.

Enough for your mind today. I shall return upon your request.

I am the Eternal Brother through Jananda

November 12, 2006

Today, let us just be very, very still. See the radiant Love of the Christ standing in front of you. He is the most brilliant white shining Light you can imagine. See the rays of Love emanating from His heart into yours. Listen, He is talking to you: "My beloved child, in Love there is no separation. We are all together, one in God. We are in the consciousness of eternal life. There is no past. There is no future. We are all one in this eternal now. I am that I am. I live and have my being here in the eternal Life. I am in God, God is in Me. I AM."

You are asking me about healing. I understand that you are at the same time asking about physical healing versus spiritual healing. Let me explain. There are as many methods as there are healers. But my beloved, there is only one true source of healing, namely Divine Love. The Divine Love is the source and the foundation for all life. Your work as a healer is to help humanity to make contact with the Source of Life. I'll come whenever you call upon me, but I can only respond to you when you truly call upon me from your heart.

Let me also explain, that no prayers go unanswered. Your true prayer sets up a vibration which goes right to the Source. When you read in the Scriptures that I said, "No one comes to the Father unless through Me," it was meant to be that true prayer is the absolute complete surrender of your soul to God, the Father. My Son, I gave you the words, "Thy will be done in me. Thy will be done through me. Thy will be done with me and Thy will be done by me." That prayer, when used from your heart, is a true prayer. God's Will is Good. It is God's Will that your body should be healthy and that you should enjoy all the beauty of life.

The center of your chest, the heart, is the center of perfect health. It radiates a life force which can be seen as a wonderful soft pink color by those who are clairvoyant. When you attune yourself with this Love, you are connecting yourself to the all-enfolding power of Spirit. Now, when you are truly, quietly attuned, you will be able to suffuse the whole auric field of you and the person that you want to help, with cleansing and healing. There may be a time when you can feel the pink color of your heart. This means that your own auric field is radiating this soft pink color and you are then experiencing healing of both you and your client.

As you are getting more and more into the healing power, you may experience that when you come into a room where many souls are gathered, you will actually feel depression, confusion and disease. You will be able to smooth out the heavy vibrations. You will be able to raise the vibration and soon you may hear people say, "I feel really good" and some may say, "I feel so good after you arrived."

When someone comes to you for help and assistance, do not make the mistake of thinking that others can leave their healing entirely to the healer. A healing is a co-operation between the healer and the client. It is said that the client must have faith. But faith is not a dependence on an outside source. It is an inward knowing. The client must seek communion with the Christ or with the Christ Spirit. When the client truly opens his or her heart to the great Light of Christ, then the healing forces can truly enter into the soul and the body.

I am the True Healer, I am the Christ through Jananda

November 19, 2006

Good morning, my Beloved ones. I bring you all the Love from our world of Light and Life. I bring you greetings from the Great White Brotherhood. A message of hope and joy to your soul and your spirit. Nearly two thousand years ago, I came into incarnation, just like you. I had a mission as a teacher and a messenger of God. I came with a message of Love and Eternal Life, a Love upon which a human's whole life is to be built. In our meditation this morning, I bring you the heavenly Light from the central Sun, the supreme Light of the heavens. I share this Light with you as the Christ, the Son of God. So be it.

I wish to share with you that the Light of Christ is the same Light which has inspired many teachers. Our mission has always been to bring you the teaching of Love. All Human development and the development of the Earth itself are based on Love. You may then ask, where is the Love you are talking about when you are seeing the horror of the terrorist attacks all over the world? Our Message is very simple, yet it seems so difficult to understand: "Love one another." Love is the fulfilling of the first Law of the Universe.

So many men in the past and in the now have so little knowledge of Spirit Consciousness. You may not see it from your level, but this Consciousness is implanted in every living being. All humans have it, even though the spark of Love is often covered by the mind and materialistic thoughts. One of the purposes of the message of Love which we are trying to voice, is that Love is necessary for the unfolding of spiritual gifts. Without Love you cannot get perfect spiritual contact and communion with spirit.

You may often have heard the word about me, Jesus, as the savior. But I want you to understand that it is the Divine Love and Intelligence behind the Christ Consciousness that is really the savior. I am teaching you the lessons of Love because Love develops the Heart Center. You will have to learn that you must be your own savior by developing the consciousness of the Christ in your own heart.

The new Golden Age is upon you. It will be an age of blessedness and brotherhood. The beauty and Love are here to end the age of struggle and fights, killing and disease, death and destruction. It is my job today to teach you the greater Light, which is not limited to one human being, but is available for everyone. We come to you as the Elder Brethren to teach you to serve humanity from the Spiritual Level of Life and to manifest a Love which few men can understand. We ask you to feel our great Love for you from the Spiritual World.

The Light which enlightened every man and woman is the savior and the "Son-Daughter of God." I am the Cosmic Christ that comes to Earth and is manifesting through the flesh. Your mission will be to be receptive and prepare for the glorious incoming of the Christ Spirit, which will come as a flooding of the whole Earth with Light.

I am the Christ through Jananda

November 26, 2006

Let us all take a walk in the Sacred Garden. Let us sit down together in a circle around the pond. Let us see the sunlight dancing on the water. Feel the peace that is here. Now visualize the Beautiful Angel of Peace as she is appearing in her soft blue garment. There is also a touch of pink and sunshine. It reminds you of the Mother-of-Pearl color. As you unite with her energy, any worries and fear will disappear and your heart and mind are focused on one thing only, the thought of the Creator. All the turmoil in the world fades away and you are only at Peace.

Peace, Peace, Peace.....

My beloved ones, since there seems to be so much talk about me and my suffering in these days, I am here to talk about my real pain and suffering.

You see, my friends, there were times while I was incarnated in the flesh that I was feeling pain. And I ask you to pay attention to what I am referring, since you all here seem to suffer some kind of pain or fear. I was not always totally in possession of my identity as the Christ all the time. If you are asking me about the time I was hanging on the cross, Yes, I must admit that I did experience pain because I was identifying with the body that was hanging on the cross.

Let me give you a definition or an explanation. Suffering or pain of any nature, be it physical or mental is not the domain of God. God does not want you to experience pain or suffering. It is only the wish of God that you will experience the joy of the essence of that which He is. Let me share a secret with you. In the Mind of God, our Father, there is no pain or suffering. You will find only Joy and Peace there. When you make that realization, or actually recognition, then you will be that which we call "The Christ."

Your choice to experience suffering and pain will teach you that these choices are made by your own free will and not as a part of the Will of God. When your will is in synchronicity with our Beloved Father's Will, you will only experience Peace and Joy.

If you are asking me if I could have avoided the Crucifixion, then I must answer you, NO, because I served the cosmic plan of Evolution best by teaching the people of that generation and generations to come that life is eternal and that the law "Thou shall not kill" is valid. I have shown that there is no death, and that you cannot kill or destroy what is created by God.

There are stories about my appearance to a few people, but in reality I was appearing to many, many more than has been recorded. The purpose, of course, was to further demonstrate that life is eternal. Many sincere seekers saw me because they did listen to the teaching I had been giving earlier. My beloved brother, Thomas, needed a strong confirmation and his deep Love for me allowed me to manifest in an almost physical body so any doubt could be removed from him.

Let me end this morning by telling you that it is a misunderstanding from your own consciousness if you feel that you have to suffer or to have pain. You can always call upon the Angel of Peace and walk hand in hand with her and me in the Sacred Garden.

Peace.....Peace.....Peace

I am Jesus, your brother in spirit through Jananda

December 3, 2006

Let us again walk into the sacred garden with the Masters. Let us sit down and give Thanks to God, the Almighty Creator for giving us the transforming power of our Divine Mind. Dear God, please express your Divine Mind through me. I desire in my heart to let you be my Partner and I am truly grateful that you will show me how to create a new world.

You and you alone have absolute control. Let us for a short moment focus on all that we have been able to create until now. Horrible weapons of mass destruction that allow us to kill all living beings on the earth! Let us for a moment focus on our current path of destruction. We are truly masters in creation from one end of the spectrum to the other. There is absolutely nothing that does not begin as a thought. The whole universe is brought forth from an idea in God's mind. Exactly like God created the world with a thought, we are bringing forth our own world of illusion because we didn't create our world with Love. It could be a marvelous idea to create this wonderful perfect world, except our minds are actually limited and have some false beliefs.

Do you realize that you systematically attract people, places and circumstances into your life and that it all helps you to become your reality? Each thought that you produce becomes a brick stone that constructs your future or should we say your temple, whether it be here on earth or in the heavens! It is through your thoughts that you give life to the world. You have been given the power to create or destroy. It is all a matter of what you think.

Your subconscious mind automatically carries out the orders you give it. Now, who gives the order to the subconscious mind? You do! With your conscious directed thinking. You are watching television and are putting a lot of bad stuff into your subconscious mind; for instance, the flu, what kind of deodorant you should use, the whole economy is in a recession period so my own finances are a mess. We are allowing all kinds of negative, destructive ideas to come into our minds through watching TV. Whatever you allow the conscious mind to pass through you goes into the subconscious mind. Your actions and your personal life become a mirror of how, what and to whom you give your power.

The master teacher Jesus understood how the subconscious mind was working when he taught us that whatever we desired when we were praying would be ours if we just believed it. This wonderful teaching is timeless.

Everything begins as an idea. Through the power of your thinking you will attract all kinds of events, positive or negative, into your life. Control your thoughts today and create your new world of tomorrow.

Change your thinking and you will change your world.

I am the Eternal Brother through Jananda

December 10, 2006

My beloved ones, I am here. And since there is no time or space, I have no other choice than to be with you because my friends, we are inseparable. Please accept my words to you: There is no time, there is no space. You and I cannot be separated or be apart from each other. I know that you may say, "But I do not feel you" or even state that "Others feel him, but it will never happen to me," "I am not good enough" or you may entertain your ego-mind with similar word games. My dear ones, allow yourself to feel the awareness of what I just said.

To make sure you understand what I mean when I say "You and I cannot be separated or be apart from each other," I mean there is nothing that separates you and I, because everything simply IS....

I would love to share the Love that is present within you. The most significant thing you can do is to share this Love. Maybe you remember when I, in my earlier teachings on Sundays here, have been talking about "feeling the feeling"? Again, let me repeat, allow the feeling to become the focus. Share it with the world. It is when you become fully immersed in the feeling of Love that you will be aware of who you are. When you attain that awareness, you will know that you do not need to worry a bit about your future and that God's plan is unfolding for you. And now, my dear ones, you are ready to communicate the Love of God. This will not happen in words, but through feelings.

This is my commandment to you again this day, that you love one another as I have loved you. You can also love unconditionally; in fact, it is a must. The unconditional Love I speak about is the Christ Love, and it is the most natural love of all. It is the very substance of God, our Father. God is Love. It is a cosmic power with unlimited potential. Love is God's energy. When you let Love direct you, you are letting God direct you and you become the very essence of the Divine energy of God.

Too often my beloved ones, you are considering yourselves to be empty of love, and you look to someone for love, to fill the void, so to speak. When you look to someone for love, you fail to experience the true Love. The secret is that you must release love to experience love. Love cannot be added to you, it can only be released from you. Let us speak to God this way: I open my heart to Your Love, God. I make the decision right now to bless everyone and every situation with true Love, for when I love I am most like You. Thank you, God, for your wonderful gift of unending, unconditional Love.

As I am about to leave you to do my work in my Father's mansions, I'll let you know that I am still here with you because we can never be separated from each other. I'll also let you know that only your acknowledgment of what IS You, and trusting, trusting, trusting it, will you become I AM and you can totally surrender to God.

I am Sananda, one of the World Teachers through the Eternal Brother

December 17, 2006

My Beloved Ones, welcome to the sacred garden. Here you are today, after so many incarnations on this planet, maybe thousands of lives, and you are still searching for the lost Paradise. I tell you, do not search any further....You just found it. Come with me. Paradise has always been with you. You simply just fell asleep and forgot your true identity. The identity of a Christ. You were born initially of Spirit. My beloved, you will be born again when you realize Who and What you are. The more you become aware of this great power of the indwelling Spirit of Christ, the greater the inflow of the power and spiritual energy into your heart and mind.

You must awaken dear ones. Feel the warmth of Love in your heart. Open your heart and let the living spirit of Christ be released to the world around you. Open the Prison doors to receive the power of Christ. This enormous power has always been there inside you. Even though you fell asleep and were no longer aware of this Light, this Life, this Power, it was always there, it has always been there, it never left you. But why did you not remember it? You see my beloved, you went on a treasure hunt that took you into the darkness and while you were exploring the darkness of your mind, you fell asleep. You have now been sleeping for thousands of years in the caves of your mind.....And I say unto you, AWAKEN DEAR ONES. You must realize the Presence of the Mighty Spirit of Christ within you. This is a new Birth. The more you realize the knowing of Truth on every level of Mind, the more Light will be released. The Light of the Christ Presence, the Spirit of Truth, the Divine Spark that has been hidden in the depths of your Soul will become the Living Flame of Truth.

Let us Pray: Father, honor me with the glory that I knew with you before I fell asleep. Let me remember that I am that I am.

You became trapped in an illusion. You began living in a consciousness of self-preservation with a constant struggle to survive, and your previous lives as an enlightened master appeared only as some vague dreams in the deepest recesses of your mind. We have been here throughout history in many attempts to break the illusions and reveal the Truth of Man. There would be many awakenings, but shortly after we left the Earth Plane, mankind returned to a sleeping state and the true meaning of the Christ was lost again. Here you are today, still seeking after the Holy Grail. Seek no longer my friend, sleep no longer, wake up for I say unto you:

God Is. And you are His Self-Expression. My Beloved ones, realize your true identity and a race of Gods will rule the Universe as Sons and Daughters of the Most High, our Father.

I am Sananda through the Eternal Brother

Jananda's Last Inspiration From December 24, 2006

My Beloved ones, let us for a moment forget all the conflicts on the Earth. Open your heart and follow me into the Golden World. Follow me into the wonderful sacred garden. The eternal peaceful place. Let us walk together in this forgotten paradise. Let us greet all the brothers and sisters that we meet on this morning walk. Let us sit for a moment in the rose garden. Imagine yourself going right into the golden center of the temple. Become one with the Golden Masters that are meditating with you on eternal peace on earth.

Good morning, beloved ones, and thank you for joining me in the meditation for Peace on Earth. I would like to convey to your hearts the truth of the power of Love. However, you can easily do it yourself by putting the law of Love into operation in your own life.

Have you noticed how easy it is for you to become disturbed by the events in the physical world? My beloved ones, have you forgotten that you have in you all the attributes of the master? Have you forgotten that you must rule your own world with Love, Truth, Wisdom and Beauty?

I am here to speak to you from my heart about the power of Love. The very power of the master in you is the power of Love. I am here to continue the teaching that I gave 2000 years ago. May I tell you that the gentle, loving and pure emanation from the masters of the Brotherhood of the Golden Robes is so powerful that it keeps this planet on its course.

Humanity, through self-will, has departed from the simple life of Love. This has resulted in the darkness that currently is facing the earth. But let me tell you that even within the darkest places, the Light of the Living Christ is also there. With your and my combined efforts, the Golden Light of the Christ Star will turn all darkness into Light. The Light will absorb all the darkness. This will be possible through your constant work and dedication.

Let me kindly remind you that the most valuable thing you can do is to be still and seek God within. When you are in doubt, do absolutely nothing. Be still and Know that you are the I AM. Let me also remind you that when you call upon me, I can only bring you help when you selflessly ask for it. It is not my job to make your path too easy, nor is it my intent to prevent you from learning valuable lessons.

May I tell you that there is great joy in me when I see what you have accomplished and I see the expansion of the spiritual vision and consciousness in you.

Let me end this morning's lessons by asking you to be still....and you shall know to live with no fears....Be still my beloved ones, and you will know the radiance of health in your own soul....Listen, and be still....and you will know the power which has created you.....Be still, and know that I AM in you.....

I am the Living Christ through the Eternal Brother

Jananda's Letter to Congregation From December 24, 2006

Dear Congregation,

I am sorry that I could not be here today to be with you on this day. I am sure that Katherine is the very best to share our messages with you. Please receive my blessings and know that I am here even I am not present in my physical form.

The Master told me that his message to you is not about the past history of his life. He asks you all to go on, and most importantly, share a message of peace. He will be here and share his Love for you.

And here is a "reading" that you hopefully will enjoy:

You have often heard me asking the question "Who are you?" Let me help you with the answer to this complicated question. "You are a God that within the silence of your being possesses the ability to think, the ability to create, and the ability to become whatever it is you want to become. There are no limitations, for in this moment of time and space, you are precisely the person you chose to be. You are the creator of your life and circumstances. Indeed, you are not a slave or puppet of a God that watches you in your struggles. Each of you has the freedom of will to accept and embrace whatever thought or feeling you embrace."

Now, contemplate how great the Love of God is that it allows you to be and to create anything you wish....

I wish you all a Merry Christmas and thank you for all of your prayers and positive thoughts for me on my path. God Bless you.

Om Namah Shivai.... (Surrender to God)

Jananda