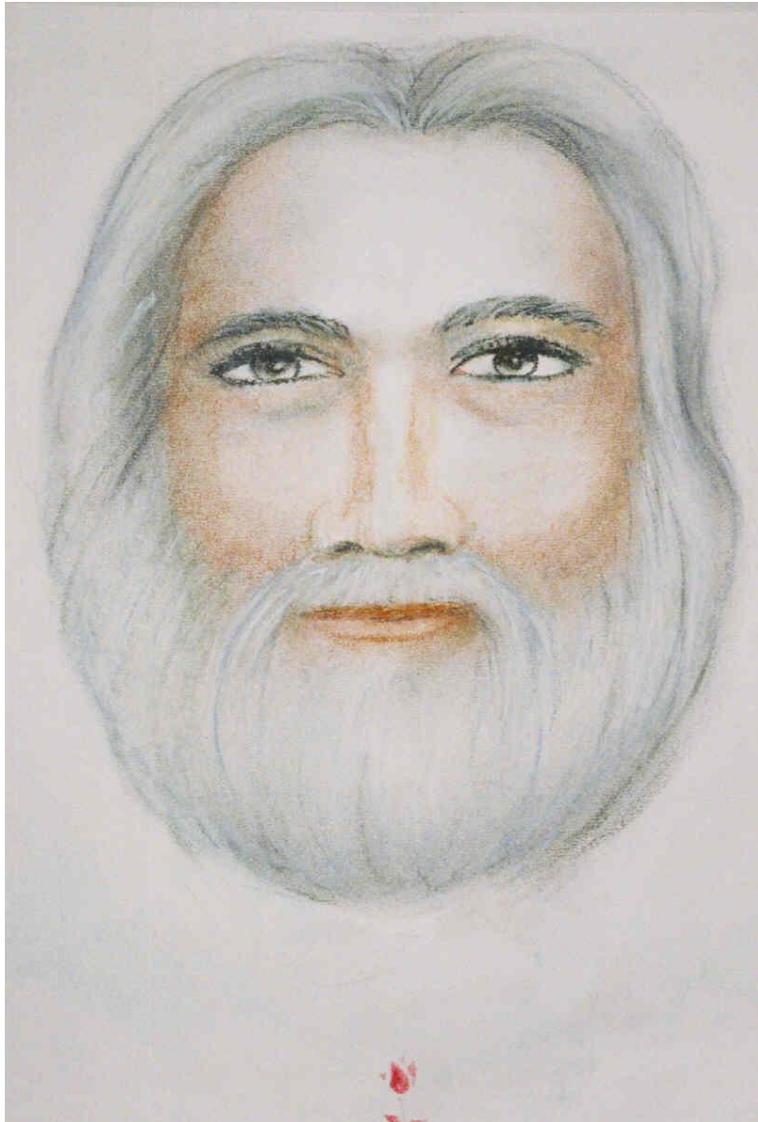


I Am The Eternal Brother

By

Jananda Korsholm



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Foreword:

Often in the last few months, I have been contacted by a very loving energy that told me that he was to be known as "The Eternal Brother." He appeared to me in my meditation early one morning. He changes form and energy. As he is "talking" to me, he can suddenly change and become Jesus, Lord Sananda, Mother Mary, Paramahansa Yogananda, Buddha, Lord Maitreya and other Masters. I am also aware that at the same time he is never separate from me. In a way it is like I am becoming him. I know that he is preparing me for becoming a better medium and messenger, which I hope I can achieve before my Earth assignment is over for this time. He is also giving me an impression that I have some kind of special assignment that he has not yet revealed to me. With masters, we as incarnated beings will have to learn important lessons like having patience and that they never tell you what or how to do things. They live with the Divine principle of "Free Will." They are never demanding or in any way put pressure on you.

Dedication:

The chapters in this book have been received over some time in the last few months through an entity that represented himself in my meditation one morning. The personality, "The Eternal Brother" is as real for me as the people in my daily life, such as my wonderful girlfriend, Katherine LaTorraca. Katherine has helped me tremendously over the last few years. She is a true friend and probably the only person in my life that was able to help me open my heart to unconditional love. Through her encouragement, I was able to finally sit down and compose the pages that you are about to read.

Through my work as pastor for The Church of the Golden Age, I was also able to meet two friends, Sharon and Horst Butz who, without ever asking for any sort of compensation, have helped me to make the church a good meeting place for people of like minds. Sharon has helped me create and edit both my websites for content and ease of use.

Please see <http://www.churchofthegoldenage.org> and <http://www.jananda.net>.

Sharon has also helped me with countless hours in the editing of this manuscript and to make it into an E-book. Horst has been so kind in making a video presentation of my church service available, so people can see what they are missing!

I would also like to dedicate the words from the "Eternal Brother" to my friend, David Anderson of Colorado. Through his book "I Saw Heaven Opened," I got an incredible personal confirmation that I often work in the so-called "afterlife" with "The Eternal Brother." David describes in his book exactly the scenery I often "go to" when someone has died and they still are in a state of confusion in the awakening process.

From Sharon:

Reading what Jananda has said about my help was very heartwarming, but the truth is, I felt extremely honored to help Jananda in any way that I could. Horst and I started attending The Church of the Golden Age about two years ago through a recommendation from a friend that no longer lives here in Sedona. From the first time, I was struck by his loving kindness towards all of humanity and many times "blown away" by his accuracy when performing readings in church. This man never asks for anything in return for his support and wisdom. He would never refuse his help to anyone and I know that even though he doesn't talk about it, many times he works for free. As it is, he only accepts donations for what he does. How many people do you know that would do this? God Bless you, Jananda, from both Horst and myself!

From David Anderson:

My wife and I first met Jananda around 1997. We sensed early on that this man was an extremely spiritual being. Since that time our love and admiration for him has continued to grow. We now regard him as a genuine master who exemplifies the Christ consciousness on this plane. His humility, his tolerance, his wonderful wisdom, his spiritual clairvoyance, his unselfish love for those to whom he ministers; all these bear witness to the Christ within him.

This new book he has written, detailing his communications with The Eternal Brother, is a beautiful statement of what can and will be ours as human beings if we will, as The Eternal Brother so lovingly invites, join him in the Garden where we can experience together the eternal verities. The Eternal Brother always beckons us to the positive or, as Paul the Apostle states when referencing the Christ, to all that is "yes" in Him. One cannot but be touched by the loving communications The Eternal Brother channels through Jananda. His is an inspiring message of hope and love and faith. He beckons us to go beyond ourselves, to enter the Divine Garden where we can indeed experience, whilst in physical form, the beauty, joy, and growth which are the right of all who yearn for total immersion in the God consciousness.

I joyfully recommend this book.

I Am Jananda

I am Jananda, which is a spiritual name given to me from a spiritual entity that I know and recognize as Sananda. JESUS/SANANDA is known as "The Most Radiant One." On Earth, this great master had the name, Jesus. On higher dimensions, he is known as Sananda and is the head of the Christ Council.

First, here is a brief story about who I am. I was born in Denmark on a very cold winter day, November 23rd 1933 as Jorgen Korsholm just 10 miles north of Copenhagen. My dad was very busy trying to make enough money to support our family of 5, later 6. It was not an easy time in the late thirties with unemployment for several years and then the Second World War approaching with the German occupation of Denmark, but somehow he always made it. He was not an easy man to deal with, smoked 60 cigarettes a day and also had a very bad temper, which he had a difficult time controlling.

I have full recall about my birth and how it was to incarnate. It was a very cold winter night, about 25 degrees F outside. It was like I was a part of a great consciousness, a light body standing in the corner of a bedroom. My mother to be was lying on the bed; a very large woman (the midwife) was assisting and was holding my physical body in her arms, trying to get the body to breathe. An incredible blue white light appeared right next to me. I was aware that it was a female aspect of me, with a wonderful pink golden light where the heart is. She asked me, "Are you ready for this incarnation and to take a risk?" I said, as a typical Sagittarian would do, "YES, let me do it, but please help me!" She responded with a calming voice, "Everything is going to be all right." A blue ray shot immediately from the heart into the head of the midwife and she got an idea and went over to the window, opened it and placed my naked body on the window frame, and I immediately gasped for air. My body stretched up like a bridge and I was transformed and disappeared out of the light body and into the little body of what was to become Jorgen. I still recall that I could smell something really awful, which was my father standing outside and smoking a cigarette.

I had a near death experience (NDE) at the age of seven. I had been playing with a friend next door in the apartment complex where we lived. A thunderstorm began, and I ran home. I recall waving at my sister Jytte, who was sitting at the window on the mezzanine of our home. Then I became aware of a great golden light around me. An intense heat surged through my body as I was struck by the lightning. I was lifted high up in the air. After that I felt only a great emptiness.

Immediately after, I was aware of floating in a golden light, and a silvery-golden spaceship appeared. It had no door. I drifted through the wall of the shining object and found myself standing inside a circular room. A large oval screen hovered in the middle of the room, similar to a movie screen, on which I could see houses and trees and roads.

There were five tall golden beings present that seemed to be waiting for me. The leader, or space commander, as we would say today, was dressed in a silvery uniform with a pyramid insignia over his chest. He had no hair on his head, and no eyebrows. He looked at me with enormous blue eyes and smiled. I heard a name,

"Jahrmin" (or "Yarmin.") His body appeared to be both male and female. I had no doubt he was very powerful. Any order he gave would be obeyed immediately.

A tall blonde lady approached and took my hand and I was transformed into a young man. A stream of information traveled from her hand to mine, and into my brain. She told me her name was "Jana." She spoke to me about my future assignment on Earth. It would not be easy, she said. I would meet with great resistance. Yet although the brothers of less light would do their best to prevent me from doing my work, her energy would always protect me. She filled my heart with boundless unconditional love, promising to be there to receive me when my Earth mission was accomplished. I know now that she is my true soul mate. I have since searched my whole life for the quality of love I shared with her in that moment.

Jana pointed to the screen, where I saw our planetary system displayed. Our Sun, Moon, Earth and all the other planets. I was witnessing the history of our solar system. I saw how meteors, comets and other falling debris had altered the different planetary surfaces. I watched as spaceships evacuated living beings from some of the planets.

I saw myself standing on some rocks on planet Earth, arms lifted toward the sky in prayer as the waters rose below me. My wife should have been there, but she hadn't arrived and I realized I would have to leave her behind. A spaceship arrived. For a few moments I watched myself hesitate, aware I had to allow her to experience the result of her own choices, knowing I needed to detach totally from her to follow my own free will.

The pictures changed. I was shown America and other continents, not as they are today but as they will be 500 to 1000 years from now. Although time, as such, seemed irrelevant. Some of the continents were smaller than they are now, while some had acquired new land where there is no land today.

We moved into what seemed to be the distant future. I watched as planet Earth was moved with all her inhabitants to another location in time and space, closer to the Sirius star system.

I was then shown what I felt to be a sacred mountain, the San Francisco Peaks in Flagstaff. I knew it would be very important to remember this beautiful view, but I had no idea what it meant.

My consciousness was overloaded and it was not possible for me to hold more. The space commander told me I would have to leave now, before it was too late. I didn't want to leave, but his commanding presence was so strong I had no choice but to obey. The woman Jana gave me a last "shot" of her energy of love. I knew they would come back some day and "pick me up" when my job was done.

I rushed back through a dark tunnel and found myself peering up into the clear blue-grey eyes of a doctor, who had just injected a needle into my heart. It was extremely painful and I gasped as I started breathing again. He said, "Don't worry, Ma'am. Your son is going to be just fine!"

I had returned to my body, but everything had changed. Regaining full consciousness took several weeks. At night I was plagued by the feeling of electrical jolts shooting through my body. At first, when I tried to talk about my

experience, I found myself unable to speak at all. When at last I was able to tell them about my amazing encounter, my efforts to share the experience of having been taken aboard a golden spaceship were met with disbelief. I was told that it was only fantasy. My family had become strangers to me and this loss made the period of adjustment even more difficult.

Finally I shut down the door to my memory of this event. I decided that since no one believed me, I would never again talk about it. I began living in my own private world. I loved to be in nature, and spent many hours at nearby lakes. I took long walks in the forest, where I tried to communicate with the fox, the rabbit and the squirrel. Days spent alone in a rowboat on the water gave me a very good feeling of contact with something I could not explain.

I have been deeply inspired by some wonderful guidance and protection throughout my whole life. Some of the guidance appears as known entities; others are more anonymous and do not use a name but are recognizable by an incredible loving energy that makes my heart and whole body vibrate in a frequency of love that often makes me very emotional. When I am exposed to that love, I feel that I want to go back "home" and be with my "true family" in Spirit. I learned that my friends and I come from a star system with two Suns and a light frequency maybe thousands of times more intense than the Sun in our own solar system. In that world, "my true family" members are approximately seven feet tall, very slender, have long blonde hair, big blue eyes, four fingers and their "home," even though there is no place called home, is in the Capella Star System.

Upon a visit from my native country Denmark to Sedona, Arizona in August of 1988, I was greeted with the words from a spirit I know as my "Father in Spirit," White Eagle. The words that were spoken out of the ethers were, "Welcome Home, My Son." When I heard and felt this vibration, I fell down on my knees and cried silently for a long time. The words were at the same time an energy that I could not resist and I knew that I had to go home to Denmark and let go of everything I had in my life. This included home, friends, family and my beloved Marina who was a wonderful and loving wife.

White Eagle is often near me, especially when I meditate and prepare for my work as pastor for The Church of the Golden Age. Many times he will inspire me for the meditation that I am supposed to do at my service.

Often in the last few months, I have been contacted by a very loving energy that told me that he was to be known as "The Eternal Brother." He appeared to me in my meditation early one morning. He changes form and energy. As he is "talking" to me, he can suddenly change and become Jesus, Lord Sananda, Mother Mary, Paramahansa Yogananda, Buddha, Lord Maitreya and other Masters. I am also aware that at the same time he is never separate from me. In a way it is like I am becoming him. I know that he is preparing me for becoming a better medium and messenger, which I hope I can accomplish before my Earth assignment is over for this time. He is also giving me an impression that I have some kind of special assignment that he has not yet revealed to me. With masters, we as incarnated beings will have to learn important lessons, like having patience, and that they never tell you what or how to do things. They live with the Divine principle of "Free Will." They are never demanding or in any way put pressure on you.

With thanks to Celeste, my former wife, who is a famous artist and author of several books, (<http://www.artsedona.net>), I am able to share some information about some of the most known masters connected to the Earth's evolution. I have learned that they are called "THE BROTHERHOOD/SISTERHOOD OF LIGHT" but there are many thousands of both male and female masters that I have never heard about.

Let us start out with BUDDHA. He became the 28th Buddha in approximately 540 BC and taught the eight-fold path to God through wisdom. He is now the Lord of the Spiritual Sun in our solar system and he always expresses a wonderful sense of humor. The Buddha returns to Earth once a year at the full moon in Taurus, (April), at the Wesakfeast in the valley of Shigatze in the Himalayan Mountains.

EL MORYA is the bearer of the title "Chohan of the First Ray." At the beginning of the Christian era, he was known as Melchior, the first Wise Man. He also incarnated as King Arthur and Akbar, the greatest Mogul Emperor in 16th century India. El Morya's teaching through Madam Blavatsky helped to establish the Theosophical Society in 1875.

Master HILARION has been channeled by several authors. He incarnated as Paul, the Apostle, who established the Christian Religion after the departure of Jesus. Hilarion is the "Chohan of the Fifth Ray" of Truth and Illumination. From Hilarion, M. B. Cooke, received a whole series of wonderful channeled books such as "Dark Robes, Dark Brothers."

Lady ISIS, the Egyptian goddess, was the wife and sister of Osiris and the mother of Horus. She played a major role in Egyptian mythology. Her cult flourished for over 3000 years. Like the Greek goddess Demeter, Isis is associated with Mother Nature. She is a powerful symbol of fertility. Many healers of today's modern world are working with her energy and they are strongly connected to the healing Temples of ancient Egypt.

Master PAUL the VENETIAN is "Chohan of the Third Ray." He is the master of art and beauty. His last known incarnation was as Paolo Veronese, an Italian Renaissance painter who ascended in 1588. He was considered a spiritual revolutionary who broke away from traditional religious art. He saw beauty as the most powerful catalyst for enlightenment. (See "Lords of the Seven Rays," by Elizabeth Clare Prophet, Summit University Press, p.123.)

ST. GERMAIN is the "Chohan of the Seventh Violet Ray" of Transformation. It is told that he incarnated as Christopher Columbus. In each of his lives, he brought forth the Christ Light. St. Germaine fought for freedom and helped American founding fathers write the Constitution. He was a mysterious alchemist who advised three generations of French kings, never aging as he dedicated himself to teaching the ancient wisdom of the Melchizedek Teachers.

Master SERAPIS BEY is the Master of the "Fourth Ray of Ascension and Transformation." He is also a son of Sanat Kumara, the Lord of Venus, and his divine complement, Sybele, Lady Venus. During a dark period of Earth's history, Sanat Kumara, Sybele, Serapis and other Venusians held a force field of light around the Planet until Earth regained its balance.

Serapis began to incarnate in Atlantis and became a master of ascension. Before its final destruction, he left Atlantis and took the ascension flame to Luxor, Egypt, where he established an etheric city and began to incarnate in the emerging Egyptian civilization. He built a temple in Luxor as a school of spiritual initiation and healing through the creative arts, music, dance, drama, painting and sculpture. In modern times, Serapis moved his etheric city and ascension flame from Egypt to Sedona, Arizona, where he continues to serve the Planet through its transformation process from his sacred temple on Cathedral Rock.

Serapis was a composite god created by Ptolemy I, one of Alexander's generals, who ruled Egypt in the third century BC. Ptolemy I wanted to create a god who would be acceptable to both Egyptians and Greeks. He chose the name, Serapis, which is a combination of Osiris, the Egyptian god of the underworld, and Apis, the bull god of fertility and strength and declared Serapis the official god of Egypt. During the Greco-Roman period in Egypt, approximately forty-two temples were erected to Serapis. His cult spread throughout Egypt, Asia Minor and Italy. Serapeums were healing centers where supplicants spent the night. In the morning, they had their dreams interpreted by specially trained priests or priestesses.

In Hebrew, Serapis is written "Saraph," meaning to blaze out, and gives its name to the seraphim, an order of the angels.

MOTHER MARY is another dedicated member of THE BROTHER/SISTERHOOD. She serves as the head of the Sisterhood of the Rose. Mother Mary was a very powerful lady master with the divine purpose of bringing the Christ energy into manifestation. She is still working to uplift mass consciousness and return the people to God. Her serenely calm, youthful image has appeared to countless thousands of people over the last 2000 years. Through centuries of male domination, Mother Mary filled deep human needs for a feminine aspect of God. The Catholic Church Fathers have only grudgingly acknowledged some of her appearances at Lourdes, France, Fatima, Portugal and Zeitoun, Egypt. Devotion to Mary has always begun in the hearts of the common people. Only much later has it been officially accepted as canon by the hierarchy of the church.

Mary appears to people all over the world trying to get their attention away from materiality and back to faith in God. Annie Kirkwood's "Mary's Messages to the World," is one example of Mary appearing to an ordinary person to warn of future catastrophes if mankind does not change its mind and attitude.

Mary ascended after the lifetime as the mother of Jesus and became the head of the Sisterhood of the Rose, a secret feminine order of the Brotherhood created by the Essenes. The Essenes were a widespread Jewish sect in the Middle East at the time of Jesus, then persecuted out of existence and forgotten. They were first mentioned in modern times by Edgar Casey, who told some of his clients that they had a past life among the Essenes. No one knew what he was talking about until the Dead Sea Scrolls were discovered and translated. These ancient scrolls give a detailed account about the tenants and practices of this sect. They believed in reincarnation, angels, spiritual healing and the equality of women, among other things. Mary and Joseph were both members of this order.

The rose symbol was used by the Sisterhood much as the Brotherhood used the scarab to identify themselves as members of the secret order. Anyone who carried the rose could be trusted and should be assisted in every possible way by the other initiates. The masters knew that character and consciousness, not sex or race, determined one's integrity. The leaders of the male orders of the Brotherhood, such as the Masons, were always aware of the existence of the female orders and honored their rose symbol. Through the ages, the rose remained a powerful symbol of the spiritual hierarchy. Examples are the Rosicrucians and St. Germain's attribute, or identifying symbol, the winged rose.

Master KUTHUMI shares the title of World Teacher with Jesus/Sananda. It is said that Kuthumi incarnated as Pythagoras, the Greek mathematician and philosopher. He is also depicted as Francis of Assisi, accompanied by a little blue bird, his identifying attribute. His incarnation as Sheik Jehan, the builder of the Taj Mahal in India, demonstrated his great love of beauty, music and culture. Kuthumi assisted Madam Blavatsky in the creation of the Theosophical Society.

KING DAVID is well known from the Old Testament. As a young shepherd, David was much alone. He learned to pray and meditate, and forged a deep bond with God. Before his battle with Goliath, he heard an inner voice saying, "Have no fear, you will be guided by your Heavenly Father." With his strong faith in God he was able to accomplish this apparently impossible mission. He went on to become one of the greatest Hebrew kings. Through a long, tempestuous life, David kept his close, personal relationship with God.

Lady Master CELESTE is the divine complement of Serapis Bey from Venus. She works with musicians and sound healers. Whenever anyone calls for her assistance, she helps to harmonize and balance the astral, emotional body with the healing vibrations of music. It is her assignment to bring new sounds of healing to this planet, and there will be many new forms of music coming forth to help create a more balanced environment. For instance, as with the Hammond organ which was inspired from the world of music to balance the "hard rock" music.

JESUS/SANANDA is known as "The Most Radiant One." On Earth, this great master had the name, Jesus. On higher dimensions, he is known as Sananda and is the head of the Christ Council.

The ascended masters I have mentioned here are only a few of the most well known among millions of members of the Brotherhood. These individuals have perfected themselves through many, many lifetimes and evolved beyond the need to return to physical incarnations. Through love, they have ascended into higher levels of consciousness. Some ascended masters decide to continue to focus their service as teachers and guides for their younger brothers and sisters still in physical incarnations on Earth. Others leave to continue their evolution elsewhere. All planetary civilizations have a hierarchy composed of ascended masters who have devoted their service to that particular planet and serve under the Christ Council, the responsible, ruling body of the Brother/Sisterhood of Light.

Upon my request, the Eternal Brother came to me and said, "My Beloved, I am your brother in Spirit." I would like to introduce myself as "The Eternal Brother." And so

I became inspired by this wonderful loving energy and here is the way he introduced himself to me that early morning.

Let me start some teachings by inspiring you with words sentence by sentence which will grow to page by page which eventually can be used as inspiration for a book. These will be teachings that you may share with your friends who come to your church service. You can use these pages as inspirations for your talks. The teaching I am giving you comes from many different sources, many different masters and also comes from what we term as "The Halls of Learning and Wisdom." So by this introduction, let's get started.

Let us first share the thoughts that books indeed are good. You may also be able to find many good teachers. But neither of these, books nor teachers, can do the work for you. They may only serve as a source for inspiration. I would like to give you a personal lesson, Jananda. You must learn to accept that Christ, which is the Son of God, does live within you. And so it is with the Light and Life of God, it is all within you as part of your so-called inner self.

This is a Great Universal Truth and when you learn to trust that truth, you will not need any outer teacher to bring you spiritual insights and understanding. To really grasp this truth, you must learn to go beyond your intellect and any doubts you may have about yourself.

Spirit itself must reveal that Christ lives within you. When a teacher or a book is talking about the "Light of God," it is something that teaches your intellect, but the light itself must flash through you before you can see and understand the light.

If the Teacher Jesus had stayed with his disciples, they would never have been able to go beyond his words. They would instead have been following in the footsteps of Jesus' personality and not been able to see the Light themselves. That is why you always will experience that the teachers are leaving the disciples so they will have a possibility for personal growth and eventually become teachers and great personalities themselves.

My beloved, I, as a teacher, cannot use your ego function, but I can use your spiritual personality to bring a teaching out to the world. In my function as a teacher, I will often allow higher energy to shine through me, for instance, you may feel the changes in my light when I give the power to the Christ. For instance, the spiritual illumination that I can give you comes from my recognition of the truth, and it will then act as a seed in your own thoughts. Tell your friends that they also must wait for their own inner illumination and when the illumination comes it will be everlasting and real. The True Light of God alone will give you the keys to the whole Universe.

I cannot and I will never give you personal power through the spoken word. No one person, incarnated or discarnated can ever do that, whatever power they may seem to possess. The Light from God must come from on high. The full responsibility for what you give out is yours. I trust that you will follow your inner discernment and never speak words of fear, anger, hate or illusions. Be aware that the spoken word, when spoken with power, can deeply affect your fellow citizens.

To obtain great personal power, it must be your heart's desire to know God. You must learn to live and speak directly from your heart. Ah, my Son, there is great power, there! It is the Father's desire for you that you may grow in a step by step evolution before you can understand the secrets of the Universe.

I am giving you these teachings. And I will be more than happy to share some words of wisdom with you. And that is the key. You must also learn to balance the receiving given to you from the Father, by giving and sharing with the world. You see, there must be a perfect equilibrium between the inflow and the outflow if you wish to stay in perfect harmony.

My beloved, as I am reading your energy field, my advice to you is DO NOT be impatient. Sometimes you will have to wait for the inflow before you can go out into the world and share everything you just have received.

The Mighty Spirit will lead you to give, either through your preaching, or in your one to one teachings and sometimes Spirit will simply just teach you to silently live the spiritual truth. You must learn that as Spirit fills you, it will radiate from you without any effort at the right time and the right place.

Various teachers have been teaching about how important it is to hold the right thoughts. It can only be done through meditation. So far, so good. The most important lesson I can ever share with you is, "Be Still, Listen, Let Spirit, the Loving, Powerful I AM presence work through you and see only the Christ in everything and everybody you meet."

When you learn to abandon yourself (ego) and constantly be one with Spirit on a daily basis, you will be surprised about the marvelous changes that will take place within you even without any conscious effort of your own.

If you like what you have received until now, let us continue these teachings later.

I am you, you are me.

I am the Eternal Brother.

The information in the chapters to follow encompasses my channeled meetings with the Eternal Brother on many different topics.

Fear

Today we are coming to you with Joy and Hope. We are here to bring you out of the fear of the future on your Earth journey. We are here to help you lift your consciousness into the higher spheres of Life. We are constantly, 24/7 trying to help you use your imagination to come with us to the *Sacred Garden* and there, in the bright sunlight and the sounds of nature, feel the stillness and the everlasting peace. In the presence of peace, there is an absence of fear. As we gather here visualize the vision of your spirit. Be here with us today and walk with us, your brothers and sisters in spirit who have walked the very same path and learned to trust the wisdom and Love of our Father. Let us talk of fear.

My Beloved ones, you will often hear us say: "Don't be afraid." We do that because most of you, whether you want to admit it or not, live your lives in a shadow of fear. From the very moment you became conscious of your life, most of you have been under the influence of fear and though you grew up to become an adult, your greatest fears never left you. Fear of success or failure to live up to the expectations from the outer world. Fear of what the unknown future may have in store for you and the fear of not being able to do your earth assignment. Peace be with you, you have nothing to fear.

While fear is a kind of natural feeling that comes from ancient survival instinct, it also manifests as a blockage in the evolutionary process and can actually keep any individual from reaching their highest potential.

There are two different types of fear. One fear is inspired by the real danger in a situation where a person is being attacked by an animal or a human, or maybe an accident. But there is also another fear. It can be related to worries that could be harmful or things beyond control. The latter can make you really unhappy and can even prevent you from living your life.

Whenever you are exposed to fears, there are several ways to get out of it, but do it as soon as you feel that fear is creeping in on you. One of the first things that you could do would be to meditate. Pray to the mighty Angel of Peace or start listening to some classical music. This will bring you into a more confident state of being.

You may also treat it like an entity within you. Give the entity the name that fear deserves. Be very quiet and ask the entity what it needs from you. Ask it what it wants and why it is there. You could be in for some great surprises here with the answers if you give yourself the necessary time to listen.

Acknowledge your feelings, is what we suggest you to do, and upon completion ask the entity to leave. Your body will give you the answer when you listen to it. When you have sorted all the many feelings out, it is time for you to ask the fear to leave you alone. Maybe you could make a little ceremony; light some candles or some incense and let the burning wick release the fears back to the universe. See the fears leaving you and being transformed into a beautiful white light.

My beloved ones, NOBODY, I repeat, Nobody knows what the future will bring. Live in the NOW and try to remember that you are safe and that you are the Light of God.

Some people claim that they see great disasters coming to this world, and that millions of people will be killed. Is this real? Does it make you feel good to think about the so-called Earth changes? Well, my beloved, Earth changes are very real when you look at the history of your planet. The planet has and will always change. And if you look at it, as I told you, everything that you can see with your physical eyes, had a beginning, and therefore, it must naturally have an end. So instead of having your focus on the changes, let us go to the *Upper Room* and look at the spiritual world of beauty instead. Get used to living in that world, because the world you live in now, is a world of illusion. It had a beginning so it will have an end. See and feel the beauty of the world of spirit; that is reality.

Let me talk to you from my heart. I want to talk to you about the creative power you are born with and that God gave you. The physical world as you know it will eventually in time be transformed. There is no transformation without something first dying.

If you build a house and you do not repair it, even if you have all the necessary tools and paint for it, the house will eventually be destroyed. You may have been so smart when you built the house that you also created an emergency exit. And if you don't remember to use it, you would be in danger. So now my dearest ones, you are probably wondering, where is he going with this talk? Well, I would like to give you an opportunity to save yourself should your house be destroyed.

How many of you can hear what I am saying? You can't even imagine how simple a solution I have for you, can you? A few minutes ago, I suggested you go with me to the *Upper Room*. Just relax, exactly like you were going to sleep. Then, all the power will come to you, maybe even the memories of your past lives will come from the deep canyons of your mind. All the skills of life you have gathered will come to you. It is that simple. But how many of you will heed this information?

Many of you are asking about the "End of the World." Well, your own "end of the world" may come if you die so if you want to save your soul, and if you want to save the world, you will have to contribute with your own divine power, or we could use the word "Supreme Power". You will have to claim that back, because you gave your power away in the past, so that eventually you could learn some important lessons here on Earth. You will have to claim your Supreme Power, because God's Angels have their work to do, Jesus is no longer available for you in physical form and he will not take on any more of your Karma. Jesus is teaching somewhere else where it is needed, Buddha is extremely busy taking care of our Father's business on the Sun.

You are here all by yourself so you can rescue yourself. So instead of listening to the doom and gloom seers of today's modern world, get some enlightenment instead. Help to restore this world to a higher moral standard than it has now and create a more enlightened planet and then you will see that no disaster will befall. To be honest to you, we, in the world of Spirit, do not know anything about the future because we live in the now. I am sure that if you create a really rotten place where no one can live, God will help you to create a new world.

It is up to you to decide as the fate of the world is in your hands. It is not up to me or anyone else to predict the outcome of your decisions, but stop living in the

darkness, come back with us to the Light from which you came as we are waiting for you. An enlightened person will never worry about the so-called "End of the World" because he/she knows what this world is and they know that Life is eternal and nothing can affect it. Let me end today's lecture by telling you that Life Eternal is what you are, Wisdom is what you are, Love is what you are and nothing can destroy that with any man-created device. You, as the disciples, do not need me or any other teacher, but we will always bless you and help you. You will grow into Mastership and do the same for those who are asking for help.

Feelings

Good morning beloved ones, it is important for us to always walk in peace. The wonderful Master Teacher, Jesus said, "The Kingdom of God is within you, and I tell you to first seek the Kingdom of God." So let us withdraw to the wonderful place in your heart, the Sunlit Garden of Paradise. Feel His presence and His Eternal unconditional Love for you. And with that feeling, I would suggest that you in the stillness, allow yourself to be in contact with your innermost feelings.

Are you denying your feelings?

It can indeed be a challenge for you when you are going through some powerful emotions in this world of chaos. Sometimes it may seem for you that there are only two ways of dealing with your emotions, either by letting it out immediately, or like some like to do, suppressing the emotions inside the body. Unfortunately, it seems like most of you are making the second choice by repressing your feelings in an attempt to deny your feelings. Let me share with you that the truth is that there are also many positive ways of dealing with your emotions. When you experience a negative feeling, it does not have to end up as a negative experience.

Not only is it dangerous and unhealthy for both your mind and body, but it could also prevent you from learning very important lessons about yourself and your life. In your mental body a suppressed emotion could effect the short term memory section in your brain. If you immediately are letting the emotion out instead of holding it back, it will help you in a much better way to understand yourself and you will avoid both stress and grief.

If you feel that it is too difficult to be confronted with your emotions, you may want to explore some alternative ways of expressing who you are. If you deny working with your emotional body, you could end up becoming an angry person with self-hatred radiating out from you. Trying to openly share your emotions with a trusted friend or family member could be very helpful. If you do not feel that you want to share your experiences with others, maybe you could start writing them down. You can also let the feelings out by doing physical exercise or by a nice hike. Or you can sit in front of a mirror and talk these emotions out to yourself loud and clear. That will have an enormous healing effect as well. When you accept that you can have a negative emotion without any judgment, you will then find that your life will become much more relaxed. Take a few deep breaths and say, Ah.

You see my friends, when you suppress your negative emotions, you may at the same time experience that you will have less possibilities to feel positive and more pleasurable feelings as well. Denying or suppressing negative emotions is very unhealthy. Learn instead how to express your intense emotions in a healthy way, then you will experience the much more joyful experience it is to be fully alive in the physical world.

On Becoming a Master

You may often think about what you would say when you meet a Master and how you can become a Master yourself. So let me take you to the *Upper Room* and while you are there, let us open *The Door* and meet a Master. Remember when I taught you to see *The Door*, which is not attached to a house or any wall, a simple *Golden Door* that can open inward or outward. Take a walk around *The Door*. Get acquainted with *The Door* in the *Upper Room*. Make it a daily meditation to go to the *Upper Room* and open *The Door*. See who is waiting outside your door, become aware that you are the "Door Keeper" and you are responsible for whom or what you are letting in or out of *The Door*. Now, upon opening *The Door*, meet the Master and ask the questions you would, just as in real life when you meet someone who has knowledge about something you would like to know.

To become a Master is a challenging job and it takes years and many incarnations to reach the master level of consciousness. There are many opinions about what a Master should be like or how he/she should live. As you meet other people and see and feel their suffering, you will become open to the compassion in your heart. Your heart becomes one with the heart of God and you become a Master yourself. When your heart becomes as one with God you will be able to free yourself and others out of suffering and pain. As long as you are limited in your thinking, the love in your heart is also limited.

Allow me, beloved ones, to answer your questions. "What is it like to be a Master? What does the Master feel? What is a Master made of?" We would like to answer you this way. A Master is made of simplicity. The Universal Laws are very simple. Therefore, as long as you make your life complicated you cannot be one with the Universe and God cannot contact you. You are actually building walls of prejudice through religion and social behavior patterns around you, which separate you from the natural frequencies of the Universe. As long as you do that, you cannot become a Master.

As long as you care what other people will think about you, or even what a Master should be like, you make it challenging to become one. Be as a child again. Drop all expectations. When you are finished, people will surround you with all kinds of difficulties and suffering. Then you may have to learn other lessons about detachment so your consciousness will not be hurt and bruised inside and one day you may have to leave all the people you know behind you so that they also will have the possibility to become a Master.

A true Master is an enlightened being who has remembered his/her origin and gives compassion and unconditional love without expecting anything in return. A Master is always ready to share knowledge with anyone that asks for it and never asks for any financial compensation. A Master will offer all his/her time and energy to the whole world. When you, my beloved ones, reach the same level of consciousness, or perhaps we should call it Mastership, you will not only know your own origin, but you will also be ready to share your knowledge and help others to know their true worth. When you follow the directions from the Masters, you will find yourself as living on the New Earth, you will be full of wisdom, true knowledge, beauty and other virtues. You see my dearest ones, the Spirit World is full of beauty and it is

there to remind you of the true world of Spirit inside yourself. You will start seeking only those things that can truly satisfy your soul and you will become the Master of your own kingdom.

A Master can be male or female. A Master is one who knows what his or her real self is. Therefore, he/she is able to communicate directly with the Creator God, which is the greatest intelligence, residing within. You see, this omnipresent Master can transmit the omnipotent wisdom and awaken whoever would like to share IT with the world.

You may believe that you have a Master to guide you, but it is first when you are ready to recognize your own Mastership, that a so-called Master is necessary to guide you. You, my beloved ones, have made an agreement to hold out to the very end for your own benefit and the initiation you are going through is the first recognition of the presence of the Greater Spirit.

A true Master is in the world to help those who need help but when incarnated in the flesh, he/she is in the world but not of the world. He/she is not attracted or attached to the world, nor is he/she attached to the outcome of failure or success in the world. Look at your beloved brother Jesus and what he did at the peak of his great glory. He was ready to die if it should be so. By the process of dying, he taught us all the way of surrendering to God. By not clinging to his life or who he was, he taught God's will and that we should always follow God's will. He taught many people the way (I AM THE WAY) of surrendering.

When you, my beloved ones, reach this level of consciousness, you will not only remember your origin, but you will help all others to know their true worth. You will, in fact, become a true Solar Initiated, a true Master.

When you follow the directions of the Inner Teacher, the Master, you will find that you can co-create a world of true knowledge, true beauty and true virtue. The very same world that you have inside. The outer world is currently a shadow world and it is not as wonderful as the real world.

A true Master, who knows what his/her real self is, is able to communicate directly with the Source, which we call God, or the Supreme Being within and therefore able to transmit this knowledge and real Power of Love to whomever seeks the true life. A true Master will gently guide you until you are ready for your first initiation, which is the first recognition of your Greater Spirit.

Some Masters, while they are incarnated on Earth, can take on the burden of karma of some of their disciples. When a Master chooses to process karma like this, he is doing it for the group consciousness. Group consciousness is like the mass consciousness, but in this case it is a smaller part of the mass consciousness. Certain individuals in the group are possibly asleep, so when the Master takes on part of their karma, they will have the possibility to wake up.

This is Karma that must be worked out; therefore, these Masters will suffer for their disciples and for mankind at large in their lifetime. This Karma will manifest in their bodies. They may be sick, they might be tortured, they may even be nailed to a cross, or they might be slandered. Many Masters choose to go through this kind of experience to assist mankind.

If you doubt what I am teaching you, then think about Buddha, Mohammed, Jesus and many other Masters both in the East and in the West. Not many Masters have lived their lives peacefully without persecution. But only as long as the Master has a body can he/she use it to suffer Karma, for Karma in this world is physical.

Many times you may want to ask the question, "Why is it that I cannot do the same things as Jesus?" Hmm, a very good question indeed. Maybe you have not yet learned what he learned? Maybe you have not yet tuned into the Kingdom of God? Maybe you are waiting for someone, like Jesus, to come and help you out? **One of your major problems may be that your total focus is the world you live in?** All of your attention, all of your energy and emotions are turned toward the world and not toward God.

You do not have to forsake the world to face God. God is in the world and so are you. You are in the world, but not of it. The world you live in is actually only a copy of the real thing. Are you aware that you actually are "housing God" so to speak? You are housing the Almighty God within you, and yet you keep on searching for Him outside yourself. Are you aware that Jesus was and is not the only one in the position to do what he was able to? "For I say unto you, know ye not ye are the Temple of God, and that the Holy Spirit dwells within you."

Some of you may think that you will have to deny luxury to become a spiritually enlightened being and that is not the truth. Here is a way. Live a simple life. A simple life means that you stay where you are and enjoy it. A simple life does not mean that you go to the forest or the mountains, live in a cave and eat weeds and that sort of thing. If you are rich, enjoy your rich life and share whatever is leftover with other people. If you claim that you are poor, and have nothing to share, well, then enjoy your simple life and be extremely happy that you do not have to worry a bit about thieves.

There are as many ways to enlightenment as there are people. There may be a best way, a quick way, a long way, a safe way or a more risky way. It is like climbing a mountain. There are many paths. Some of them are even and some of them rocky and some paths can even be dangerous. Allow me to show you one of the middle roads. The ultimate is to observe the inner sounds and the inner heavenly light in a few minutes silence. Go into your heart and know that the Light of God Almighty is right there. In that light is also the Wisdom of God. As you connect to the love in your heart, go to the *Upper Room* and meditate for a few minutes before you open *The Door*. Be there with the Masters of Initiations and when you experience the light it is a so-called initiation. It is the beginning of you becoming a true Solar Initiated. The beginning of becoming a Master.

Here is another way to become a Master. I remind you to pay attention to the fact that I am not saying "THE WAY" but "A WAY." The first thing you may have to do is to salute everyone you meet on this path with respect and the knowing that this person is, like you, a Christ. In your daily life, go on with your daily business as usual and try to distribute whatever goodness you possess without thinking about anything. Become like the beautiful flowers in the spring by emitting a beautiful fragrance without even knowing it. Or we could use the image of the sun nourishing its rays on everyone, good or bad, black or white, red or yellow without even knowing it. That is the way I would like you to be.

Look beyond every person's appearance to the very center of their being where they are totally innocent and blameless. Then say, "I salute the Almighty Christ within you." You must ignore what you may think this person has done in the past. Look at them as they are NOW. Do NOT look at yourself as if you are something extraordinary or special, you are NOT. In your daily meditation call upon the Angels and ask them to bless you with the gifts of healing and communication. Be ready to assist the Angels in touching every human heart on your path. Do it in the knowing that this work is what you are expected to do. It is not only up to the Angels to perform such tasks.

Be ready to be an example, continue with reverence and be patient with those who do not seem to be receptive. When you do this work, many people will be drawn to your energy just to imitate you. Be careful and watch out for your ego function. It could actually ruin the whole process for you. Do NOT try to be the center of attention. Instead, wish for the Grace of God Almighty. When you have the Grace of God, you will have all the contentment and all of your desires will be fulfilled.

Finally, ask only to obey the Will of God. For instance, Thy Will Be Done, in Me, Through Me, With Me and By Me. Last but not least, whatever good that will be done through you, ask to not know about it. Then you will become a Master.

Reincarnation, Karma and Spiritual Goals

Spiritual Goals:

What kind of spiritual goal do you have for this incarnation? Let me kindly inform you that your goal cannot be too high or too ambitious. There are many levels of consciousness and some are higher than others. So when you meet or see masters like Mother Mary, Lady Isis, Quan Yin, Jesus or Buddha, that is one state of consciousness, but even this is not the highest level. The highest state of consciousness you can become while incarnated in flesh is when you become like these wonderful masters. You can then have all the power in the world and you can free yourself out of the incarnation cycles of birth and death. You will become All Wise and you will be All Knowing and Omnipresent. This is one of the highest states of consciousness that you can reach while in the body of flesh and that is the goal I recommend you to set! This is the goal you could have when I ask you what kind of spiritual goal you have for this incarnation.

What does it feel like to reach this state of consciousness? Well, sometimes it is difficult to explain certain things. For instance, what does coffee taste like, right? It is something that must be experienced. So here we are. I am in this world and you in yours so it is a little difficult to explain, but let me first say, it is a very wonderful experience. I cannot tell you anything more than that. Wonderful, Period! You must allow yourself to experience it yourself. A possible tool for many of you to experience a higher state of consciousness could be through the image of the *Sacred Garden*. Feel the Golden White Light of Spirit in your heart, feel the presence of the Angels and Masters in the sacred Temple of your heart. Follow me to the *Upper Room*, which is placed three feet over your head as a lotus flower. The *Upper Room* is like a treasure room where you can find wealth that is forever lasting. It is not dependent on the cost of living and it will never be affected by the stock market. The wealth here is never taxed by any government, no one can ever steal it from you, no one can force you to leave it and finally, no one knows what you have.

Our beloved world teacher, Jesus said, "Lay not your treasure upon the Earth, where moths can corrupt, but lay your treasure upon Heaven." Jesus was referring to the fact that you can only find your treasures in Heaven and that his Kingdom was not on Earth, but with his Father. You can only find the real treasures in the *Upper Room* or the Kingdom of Heaven, for that is not a world of illusions.

So let me encourage you to get on with your plans and set your goal. Come with me, my beloved ones and let us meet in the *Sacred Garden* and allow yourselves to be inspired by the presence of the masters.

Reincarnation and Karma:

I would like to share some of my thoughts about reincarnation. I would remind you that if you do not believe in reincarnation, you have much less possibility to understand why you are here on Earth in the first place. Come, my friends, come with me to the *Sacred Garden* and meet one of the divine beings who can help you understand a little bit of the principles of reincarnation. As we sit here in our meditation, call upon Archangel Uriel, who helps you with your decisions for your

future lives on Earth. Master Uriel is the Divine Record Keeper. He will gladly answer all of your questions. Let us meditate on divine inner peace, for without that we cannot get the true answers to this very complicated matter about karma, the Universal Law of cause and effect.

First of all, what part of your consciousness reincarnates? Do you think it is the personality that reincarnates or is it the soul? Let me tell you that reincarnation doesn't mean that you have to come back again in the same body. However, your thinking, your desire and your personal attachment to something which you could not solve in the past life will have to come back again. Often a whole series of new incarnations is needed to solve certain attachments and habits that you have applied in your earth life and that is what is called reincarnation.

So my beloved ones, your new body continues to enjoy, to suffer whatever was left behind from the past life. You will choose a different body, which could be male or female. In this new life you could be black in skin color and in the next life be white, yellow, or red. You will always reincarnate in a human body as you can never jump from the human kingdom into the animal kingdom. Some religions teach this differently so you will have to use your own discernment.

Everything you think, speak, desire and are attached to has energy and it will manifest itself into a very concrete type of energy. That energy will then evolve again in a different environment and under different circumstances in order to fulfill and balance what was created in an earlier existence. That is in fact, the universal law of cause and effect which we call the *Law of Karma*. Everything you created into existence not in balance with the Universe must be destroyed, it must be changed and it must be fulfilled and perfected in one way or another. This is why God gave you the law of reincarnation. Reincarnations are necessary for you to learn to be in perfect harmony with the Creator so you can be a perfect creator in future lives.

Let me simplify all of this a little. When you grow a flower into a plant and the plant produces the flower, after a time nature itself will destroy the flower because it has been in existence and it is time to be dissolved or go back from where it came. And so your attachments and desires that were not able to be fulfilled in this life have to be better in the next. It is very logical. It is not mysterious at all. There are no myths about reincarnation except for those you create in your own mind.

You may have questions about the universal principles and choices you have made when you are about to take on the responsibility of a new earth life. Who is it that makes the decision? Is it a higher power or is it something that occurs automatically? You cannot remember how you and why you chose to reincarnate in the first place.

Allow me to explain it my way. You do have choice and at the same time you do not have a choice. It is when you become a Solar Initiated of higher responsibility that you have a choice. When you become initiated, you can consciously choose your parents, your date of birth, the place, country and yes my beloved, you can even choose how long you will live and the date for leaving the world again. When you are an initiated, you will become conscious in the womb of your chosen mother. You came by choice, possibly eventually to save the world or maybe you came to

help some dear friends and you definitely came to help those who pray for help. Most people are compelled to reincarnate by their deeds and actions of a past life.

So when I warn you about how careful you should be in your thoughts, it is because your thoughts and habits throughout your life will form into energy and that energy will then force you to arrive in your earth life in a completely different environment to fulfill your life purpose. That energy you carry with you has to be transformed so you do not carry it over to next life.

And by this statement we must talk a little about Karma. What it is and what is the association between karma and enlightenment? Will there be a possibility for immediate enlightenment within the concept of karma? I like to refer to karma as cause and effect. Whatever you sow, so shall you reap. As well as you can sow and reap, you will also have possibilities for creating a blank sheet in your own book of records. When there are referrals to masters like Quan Yin, Isis, Jesus and Buddha that had to come to Earth to help the human race to pay off the terrible karmic debt (sins**,,) they really came to teach us how to balance the generated karma by showing great examples of how to be enlightened. Sins are in reality only that you simply forgot who and what you represent and that you are a son and daughter of God.

Because our Father/ Mother Creator is all merciful and absolutely limitless in grace and blessings, whatever you ask, you will get.

To help you in your journey, please follow this meditation:

My dearest beloved, be still, be still, be still and visualize the beautiful presence of the Golden Christ. Feel the wonderful unconditional Love from Him. He is standing in a wonderful golden white pulsating light and the Love from his heart is now penetrating your heart. He says, "In Love my beloved, there is no separation. We are all together in God. We are together in the consciousness of Eternal Life. In the Eternal Life there is no past, there is no future for all is in the Eternal Now. Say in your heart, "I live and have my being in the Eternal Now, I live and have my being in God."

I am sending you my Son, the Living Golden Christ to you, someone to look after you and give you a helping hand on your journey home. Know you not that you are a temple and that the Holy Spirit dwells in you? Go with Him for you have nothing to fear my child. Pray to me and give me any name you wish. If you are a Christian, you can pray to God, pray to Jesus, and pray to Mother Mary. If you are a Buddhist, pray to Buddha, or pray to Quan Yin. Pray to Muhammad if you are a Muslim. When you pray to the Universe, you may say "I am in the Universe, the Universe is in me, and the Universe and I are one." But you must be serious in your prayers, for that is the first step you must take in order to come home to me.

The second step could be that you lead a virtuous life as prescribed in the Bible, the Koran, or in any other religious scriptures. And by the way, to correct some mistakes in translation of the holy scriptures, I have never created any major religion which teaches people to do bad things like an eye for an eye, a tooth for a tooth. May I recommend that you follow your own religious ethic as the second step?

The third step could be to find someone and very importantly someone who has known God and realized God, to show you something and to share with you the wealth of information they have received. Just like if you wanted to learn to speak English, what would be the first step? That would be to find a good English teacher and then pay for the course. There is no payment necessary to find the way back out of the darkness into the light. I do not ask for money. The only thing I ask from you is to pray seriously when you pray and meditate. The desire must come from you otherwise you may not find me.

Step four is called meditation. Meditation is the only way to become enlightened. My beloved sons Buddha and Jesus meditated every day. Only by practicing meditation was it possible for my Son Jesus to fast in the desert for forty days. Only an experienced meditation practitioner can do such a thing. When Jesus fasted for forty days, he was preparing to go out and teach the whole world about enlightenment. My son Buddha's last meditation lasted for forty-nine days, and then he was ready to teach the world about "Nirvana."

No one can reach "Nirvana" or my other kingdoms without meditation. Why through meditation? Meditation is to still your mind in order to receive the teachings from Heaven or from the Kingdom of God and the other higher worlds. If you always keep praying and asking, Father, please give me wisdom, please give me this, please give me that, then you cannot hear me when I talk to you. I have no chance at all to talk to you because you are busy all the time talking, talking, talking, instead of listening, which is what meditation is. Meditation is not when you fall asleep, that is relaxation.

When you ask me a question first then you have to be still for a while; quiet, so I may have a chance to tell you what I want to say or what you need to know. Meditation is like that. Sit still and receive the message. I may want to tell you hundreds of dozens of things and you have no time to hear it. You're much too busy talking, praying, singing, bowing and counting the rosary. It's all right with me that you do these things. I don't mean this is not good. This is very good. But then again, you must be still for some time so that I have a chance to communicate. That is what meditation is all about.

Jesus - Sananda - Christ

I would like to bring your attention to the big questions about truth, so I speak to you from the very center of your being. That very center in your heart is the Christ and when you abide in me and I in you, we will bring forth much joy and love. I am in you and you are in me. (This is an example of when the Eternal Brother simply becomes the Light of the Living Christ.) The paragraphs below were all channeled from the Living Christ.

When you desire to abide in me, the Christ, then my words will abide in you. My words will become the law. You will realize, that my words are the law and everything you ask for will be done for you. There will be no limitation because my words are the law!

Ask for what you will and let it be the power to speak the words of spirit from your heart, the power to heal, the power to do the greater work and it will all be yours.

God teaches you lessons every day. When you become afraid or discouraged, you are about to miss a lesson in life and you may miss the opportunity to receive the greatest gifts from our Father. The gift of peace. Let me remind you that God is good and that it is our Father's longing to give you the greatest gifts. The greatest gift of them all is the power of spirit, of light and love.

I will reveal the understanding to you about your special gifts when you seek to be filled with my spirit. Please do not look to your neighbor for his or her gifts and do not let their gifts be yours. When you see the gift of spirit in someone else, give thanks to God and ask that this person will be guided to a place where he or she can be a representative of the Divine Presence and serve all of humanity and the world.

Do you still have a longing for the lost paradise that you call Heaven? Do you still want to go home? Do you still call for God and feel like He has no time to listen to you?

Here is a story that I would like to share with you, It is about a little 4-year-old girl who just got a baby brother. When her mother was sitting and breast feeding the new little brother, the little girl was watching and then she leaned forward and put her hand on the baby's head and said with a very loving voice, "My beloved brother, please tell me what God feels like and how life in Heaven is, for I have begun to forget already."

Can you all feel the despair in the little girl's voice and also feel her mother's great surprise? And is this what you, yourself, also feel when you are longing for God and Heaven? Well, I am here to teach you how you can search in your heart. You can stop this longing right now for your search is over as I have told you before. Just stay with me. I am in your heart. That is where you always can find me, for this is my home.

Does it hurt to stay in the physical world? Well, don't cry anymore, my beloved ones. The Kingdom of God IS within you. Seek ye first the Kingdom of God. Since the beginning of time, throughout the ages, hundreds of thousands of men and women have sought and found this inner kingdom of happiness through meditation.

When I call you, you must be ready to live a life in humility and service to mankind. Be kind and gentle. Be patient with anyone you meet who is still not awakened. Love one another and maintain the peace of spirit. For I say unto you, it is all one and the same spirit.

I ask you to seek only one thing in your life and that is the indwelling Christ in you. You must realize that you are the true incarnation of the Christ. The very love of God Manifest. Recognize that the God that dwells in you dwells in everyone else as well. Salute everyone you meet on your path with the words, "I salute the Christ in you." When you do that, the Holy Spirit radiates out from you. God cares for you. God is working in you and will manifest Himself through you.

Be conscious of the radiation of God within you. Keep your thoughts centered in your heart in the knowing that the Living Christ will radiate from you in all directions in all of its majestic power. Anytime you desire to help someone else, focus on the idea that they are also the radiating center of the same mighty Christ spirit.

Each individual being, no matter who they seem to be, will receive from God the unlimited good of whatever kind he or she desires. But please remember my beloved, you **MUST** radiate the Light of God to others if you wish to receive even more.

I salute the Christ in all of you. Let us talk about the separation between God and man. I want to talk to you about the lesson I gave you when I incarnated in the body of the man Jesus 2000 years ago. You see my friends, I was not any different from you in my potential. The only exception was that I didn't know anything about separation from our Father and I had never known myself as anything but the Love that I am.

I want you to know and accept that I am with you now. I am here as fully and totally as you experience each other. Feel my presence here in this room where we are gathered. I would like you to know this and become comfortable with this feeling. Allow yourself to feel my deep love for you and then have the same feeling with any brother or sister sitting next to you, be that he or she is incarnated or discarnated. The reason for this is to teach you to become one with the feeling that there is no real difference between the birth and death side of perception. Again my beloved ones, when you feel you cannot reach your beloved friends in the spiritual world it is because you have created a separation between you and God. You do not have to possess any special faculties to communicate with your brothers and sisters in so-called Heaven. The world of angels and spirits are ready and waiting for you.

Creation is not divided. God is not divided. God IS AND WE ARE ONE! In your physical form you may see yourself confined to a range of experiences with your physical senses. This is not the true picture. It is an illusion. Allow me to illustrate. Please close your eyes for a moment. Imagine that you are holding a lemon in your left hand. Now, peel it and take a bite. Can you taste it? Now, repeat this but this time change the lemon to an orange. Can you taste the sweetness?

Let us play a little more with your senses. Imagine that I am holding your hand. Feel the warmth and feel my great love for you. Do you like this? Then please understand that I like it as much as you do. Most of all, I want you to feel that

there is no separation between you and me. There is no separation between you and God.

New Years Inspiration January, 2006

My beloved ones, Truly, truly, I say unto you, "Unless one is born anew, he cannot see the Kingdom of God." My great love is enfolding you. Listen in your heart, for I am there, I am the still small voice within you. "I am here, my dearest beloved one. I am by your side. I supply all your needs. My way is a way of wisdom and love. Follow me to the *Upper Room* and I will hold you in my arms. I will give you the sweetness of love, comfort and strength. I will give you the strength you need to walk on your allotted path. I am your travel companion. Now, my beloved, lift your heart in worship and adoration toward the Light of God Almighty, be with me and pour your own love and blessings upon all humanity.

Isn't it lovely to be together again? This is a new time for you, a true new beginning. It is the beginning of a new year. You have chosen to incarnate in the most exciting and expansive era of human history. It is the time of the evolution of the human race and a personal awakening to the spiritual self. How far you can go is totally up to you. The journey home has begun. It began for you when you heard the summons that there is much more to be done than has been told. I know that in your heart is a longing, a yearning to experience "something more." I know about the emptiness you feel in your heart and soul. An emptiness that nothing seems to satisfy. You, my dearest ones, would not be here today if you hadn't heard the call. It is now time to direct your life into a new direction. It is time to begin again.

In ancient times, there were no precise maps of the Earth, however, soon there were maps available for the ships sailing the seven seas. The sailors and the adventurers dared to go into these unexplored areas and create maps depicting the new world. And so it is with you, my beloved ones, there is a brand new world within you which has not yet been fully explored and understood. It is a new world which is a wonderful world full of Joy, Happiness, Love, Peace and Abundance. You have nothing to fear for I am there to greet you. I bid you welcome on your spiritual quest into the deepest regions of your soul and consciousness, for this is where real life begins.

My beloved, life is a whole series of little "deaths" and out of these "deaths" comes a new life for you. You have "died" many times and yet you seem to be so afraid of your own death. Remember that you "died" from being an infant and you were born into childhood. Then, again you "died" from childhood and were born again into adolescence and from there into adulthood. You "die" every night when you go to sleep and suddenly, a new day is dawning. On and on it goes, each of these "deaths" in your life is guiding you to a new "birth." With the beginning of the New Year it is time for you to begin a new life.

In my earlier talks with you I have mentioned that you are living at a crossroad which I call "Possibility Junction" with these "deaths." You have a possibility to live in the now and you can decide what you want out of life. When you allow yourself to live in the now you will feel more connected to God and that you are part of God. Make a decision right now....Live in the now, accept that there has been times in

your life when you felt it could have been better. When you live in the now you are giving yourself a chance to be born again, and again, and again.

You Shall Do Even Greater Things Than I:

Allow me, please, to help you to believe more in yourself. I told you that whatever great things or miracles that I did, you shall do even greater. In your holy scriptures it is stated that John, my beloved, said, "The one that comes after me, even mightier than I am, shall baptize with the Love and Light of the Holy Ghost." And so I state here and now, that the whole human race will advance towards higher goals and greater intelligence. The techniques and the divine inner wisdom will advance even faster than you can imagine and the things that this civilization shall overcome shall be like miracles. So my beloved ones, join us by raising your consciousness and by letting go of attachments to the third dimension temptations. My fellow masters of divine wisdom have never said that "I am the only one and begotten Son of God and never anyone else before or after me."

It is not easy to become a Christ, but it is not a mystery and it is certainly not out of reach at all. After all, my beloved, I tried it and I succeeded. So if you give it an honest try you will also succeed. I promise you I will be there and help you.

One of the first things that I did was that I wanted to experience God inside me. I was born with a great longing to always live in the love that I felt coming from our Father/Mother God. When I saw the suffering in the physical world that surrounded me, I then decided to make an attempt to end this suffering and pain.

So many of you may be happy and satisfied in the material comfort that it could be difficult for you to even think of spiritual fulfillment.

There are as many ways to practice and become a self realized master as there are humans. I found that one of the most important things I could do was to pray, pray and pray. So I would often go by myself and pray to my Father, the very same God Almighty who dwells within you to assist you. Maybe you could help yourself by keeping some discipline. Train yourself to feel compassion and love for everything that you see. For all living beings including the creations that you do not like. Maybe you could cut down your personal need for eating meat. Why would I ask you to do that? The answer is very simple indeed. If you do not eat meat, no one will kill nor raise cattle. All the food will stay where it is and gradually there would be no need for having cattle at all for every living being could eat grains and vegetables and become healthy and strong. It would be good for every nation on the earth.

The Creator:

The Creator God-Universe is not a being like yourself. IT is a different being full of love, wisdom and anything that you can imagine or not imagine. If you only think about IT as energy, you may create a misunderstanding or misconception of what IT really IS. Within ITSELF, it contains everything in the Universe. It contains you but you also contain IT. Everything comes out to manifestation and later goes back. It is an endless cycle of transformation.

How can I explain to you what GOD IS to you? Well, my dearest beloved, only through the divine love within you can you experience a fraction of IT. When you

experience IT, it will make you different altogether. You will be wise, friendly, loving and you will no longer be affected by the ups and downs that you may experience in your physical life. God will allow you to solve any problems coming your way. That wonderful being, the Almighty, the all powerful Being is where you come from. This IS your home and you are part of IT. When you separate yourself from that Being you will lose all your power. Through self realization and meditation, you will reconnect with this divine love.

And NO, my beloved ones, God does not look like a human being and God does NOT look like an Angel. IT is definitely not an old long bearded man sitting on a throne. Through your meditation you can simply experience what it feels like to be inside God and to enjoy the Love, the Power, the Protection and the Compassion for all Life. Let me also reveal to you that you DO NOT GO ANYWHERE OUTSIDE yourself to find IT. This will be a process that happens inside yourself. It is peaceful, yet IT is so ordinary. IT is harmonious and you will feel that you are in harmony with all of creation.

Of course it takes self discipline, sincerity and longing to become reunited with God and with the nature of God within you to achieve IT. You cannot become reunited if you still have anger, lust, desire and other attachments. Again, my beloved, meditation is a necessary tool to obtain discipline enough to make a connection with the Inner Teacher or Master (who already knows the nature of God) to become One with God.